

# FUUN FOR ALL AGES—CONNECTION WITHOUT ZOOM

28 February 2021

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Dear All:

These materials can supplement the worship service before, during, and/or after the service. *They can also stand alone and be used at any time you wish.* In this time of so many kinds of fatigue, the hope is that families, children, youth, adults, anyone of any age, alone or as a group... that everyone can have one more way, a way that has nothing to do with Zoom, to stay connected. **This is our single greatest goal right now: To. Stay. Connected.**

Meanwhile, this Sunday's Zoom gatherings are:

10:30 a.m.

**PreK-1<sup>st</sup> Grade—Story & Song**

<https://us02web.zoom.us/j/85217697987>

with Suzanne LeBeau & Susie Wilcox

**2<sup>nd</sup>-4<sup>th</sup> Grade—Tools of Faith & Minecraft**

<https://zoom.us/j/94398891671>

with Marguerite Mills & Christopher Cotton

**5<sup>th</sup>-8<sup>th</sup> Grade—ChUrchCraft & Minecraft**

<https://zoom.us/j/92332008761>

with Chas Sisk & Jason Plummer

11:30 a.m.

**Today is the annual Youth Sunday worship service at 9 a.m.; Youth Group will not meet.**

*Please stay in touch.* If you have questions, suggestions, concerns, anything at all... I would truly love to hear from you.

Blessings.

*Marguerite*

Marguerite Mills

Director of Lifespan Religious Education

First Unitarian Universalist Church of Nashville

1808 Woodmont Blvd., Nashville, TN 37215

615-383-5760 ext. 3304

[mmills@firstuunash.org](mailto:mmills@firstuunash.org)

28 February 2021

## The Love that Sustains

Youth Group

Love will come / And when love comes / Love will hold you / Love will call your name / And you will melt / Sometimes though / Love will hurt you but / Love will never mean to / Love will play no games / Cause love knows life / Has been hard enough already ~ rupi kaur.

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## **INTRODUCTION**

The Youth are finishing this month's theme of Love with "The Love that Sustains Us." They share their thoughts about many kinds of love: family, friends, partners, pets, the world. If you missed the live version of the service, this one's a gem—go to YouTube or Facebook! You don't want to miss this one.

## STORY: THE TWO BROTHERS

Once there were two brothers who inherited their father's land. The two brothers divided the land in half and each one farmed his own section. Over time, the older brother married and had six children, while the younger brother never married.

One night, the younger brother lay awake. "It's not fair that each of us has half the land to farm," he thought. "My brother has six children to feed and I have none. He should have more grain than I do."

So that night the younger brother went to his silo, gathered a large bundle of wheat, and climbed the hill that separated the two farms and over to his brother's farm. Leaving the wheat in his brother's silo, the younger brother returned home, feeling pleased with himself.

Earlier that very same night, the older brother was also lying awake. "It's not fair that each of us has half the land to farm," he thought. "In my old age my wife and I will have our grown children to take care of us, not to mention grandchildren, while my brother will probably have none. He should at least sell more grain from the fields now so he can provide for himself with dignity in his old age."

So that night, too, he secretly gathered a large bundle of wheat, climbed the hill, left it in his brother's silo, and returned home, feeling pleased with himself.

The next morning, the younger brother was surprised to see the amount of grain in his barn unchanged. "I must not have taken as much wheat as I thought," he said, bemused. "Tonight I'll be sure to take more."

That very same moment, his older brother was also standing in his barn, musing much the same thoughts.

After night fell, each brother gathered a greater amount of wheat from his barn and in the dark, secretly delivered it to his brother's barn. The next morning, the brothers were again puzzled and perplexed.

"How can I be mistaken?" each one scratched his head. "There's the same amount of grain here as there was before I cleared the pile for my brother. This is impossible! Tonight I'll make no mistake – I'll take the pile down to the very floor. That way I'll be sure the grain gets delivered to my brother."

The third night, more determined than ever, each brother gathered a large pile of wheat from his barn, loaded it onto a cart, and slowly pulled his haul through the fields and up the hill to his brother's barn. At the top of the hill, under the shadow of a moon, each brother noticed a figure in the distance. Who could it be?

When the two brothers recognized the form of the other brother and the load he was pulling behind, they realized what had happened. Without a word, they dropped the ropes to their carts and embraced.

## **DISCUSSION**

Considering the reasons each brother gave to the other. Did one have a better reason than the other?

When you give to someone, does it matter if they know it's from you?

Each brother felt pleased with himself after giving. How do you feel when you give?

What do you do to show someone you love them?

What might others do that makes you feel loved?

## **THE 5 LOVE LANGUAGES**

Gary Chapman has written [11 books](#) about what he calls the 5 love languages, including [The 5 Love Languages of Children](#) and [The 5 Love Languages of Teenagers](#). Following are brief descriptions of each. Which do you think is yours?

### **Words of Affirmation**

In simple terms, the words of affirmation love language is about expressing affection through spoken words, praise, or appreciation. When this is someone's primary love language, they enjoy kind words and encouragement. They also enjoy uplifting quotes, love notes, and cute text messages. You can make this person's day by complimenting them or pointing out what they do well.

### **Quality Time**

Love and affection are expressed through this love language when someone gives someone else their undivided attention. This means putting down the cell phone and turning off the tablet, making eye contact and actively listening. People with this love language are looking for quality over quantity. So, when you get together, they feel loved if you are present and focused on them. Make sure that you make eye contact, affirm what the other person is saying, and refrain from offering advice.

### **Physical Touch**

A person with this love language feels loved through physical affection. Those who have physical touch as their primary love language feel loved when one shows physical affection in some way like holding their hand, touching their arm, or giving them a hug. Being physically close makes them feel loved.

### **Acts of Service**

When someone's primary love language is acts of service, they feel loved and appreciated when people do nice things for them. Whether it's helping with the dishes or putting gas in the car, little acts of service go straight to the person's heart. They love when people do little things for them and often can be found doing little things for others.

### **Receiving Gifts**

To a person whose love language is receiving gifts, gift-giving is symbolic of love and affection in their mind. They treasure not only the gift itself but also the time and effort the gift giver put into it. What's more, they do not necessarily expect large or expensive gifts, this love language is more about what is behind the gift.

## ACTIVITY: PLANTING LOVE

### You will need:

- Packets of seeds for butterfly gardens.
- Cue up a recording of [Blue Boat Home](#).

### Description of Activity

Begin by listening to or singing "Blue Boat Home." Invite those who are willing and able to rise in body or spirit and move with the music in any way they like.

Then share your thoughts about the song, such as: The song leads us to imagine that we are all boats, sailing around on our blue boat home, the earth. This is a beautiful idea and it certainly makes us want to take good care of the earth, its lands, and its waters, to show love to our home planet. That's a big job, and we can't do it all at once or all by ourselves. But we can do our best and we can do a whole lot of little things to help. Now let's share a story that can help us think about what we can do.

Tell the story of God and the seeds. Here's a version included by Anthony de Mello in the book *Taking Flight: A Book of Story Meditations* (New York: Doubleday, 1990):

A woman dreamed she walked into a brand-new shop in the marketplace and, to her surprise, found God behind the counter.

"What do you sell here?" she asked.

"Everything your heart desires," said God.

Hardly daring to believe what she was hearing, the woman decided to ask for the best things a human being could wish for. "I want peace of mind and love and happiness and wisdom and freedom from fear," she said. Then as an afterthought, she added, "Not just for me. For everyone on Earth."

God smiled, "I think you've got me wrong, my dear," God said. "We don't sell fruits here. Only seeds."

Talk about what the story means, such as: We can't always do everything we want. And we can't always be sure what our actions can accomplish. But we can do our best to take actions that will grow into good results, that will spread love in the world. All our lives we can keep planting seeds to help make the world a better place. And sometime we will see that the results are good.

Then have a brief discussion about butterfly gardens. Explain that these are gardens with flowers that attract butterflies. "But why do we want to do that? Are butterflies good for the Earth? Why?"

Say that in the web of all existence, anything we do for one part can help other parts as well. Plants help keep the soil from eroding. They provide shade that helps small forms of life to exist. They play a part in the water cycle. Butterflies are important in pollinating plants; when flowers attract butterflies, we will eventually have more flowers.

Share the packets of seeds and make a plan to plant them when the time is right. That plan could include making decorations (see next page) for your butterfly garden while you're waiting for Spring to come. You could also visit a garden store or landscaper to learn more about what plants, bushes, and trees can attract butterflies.



# ACTIVITY: DIY GARDEN DECOR

Make a caterpillar:



Make garden markers with rocks:



Turn golf balls into lady bugs:



Turn rocks into strawberries:



Use Mason jar lids to make garden stakes:



Or spoons:



Or corks:



Make a bird bath out of flower pots:

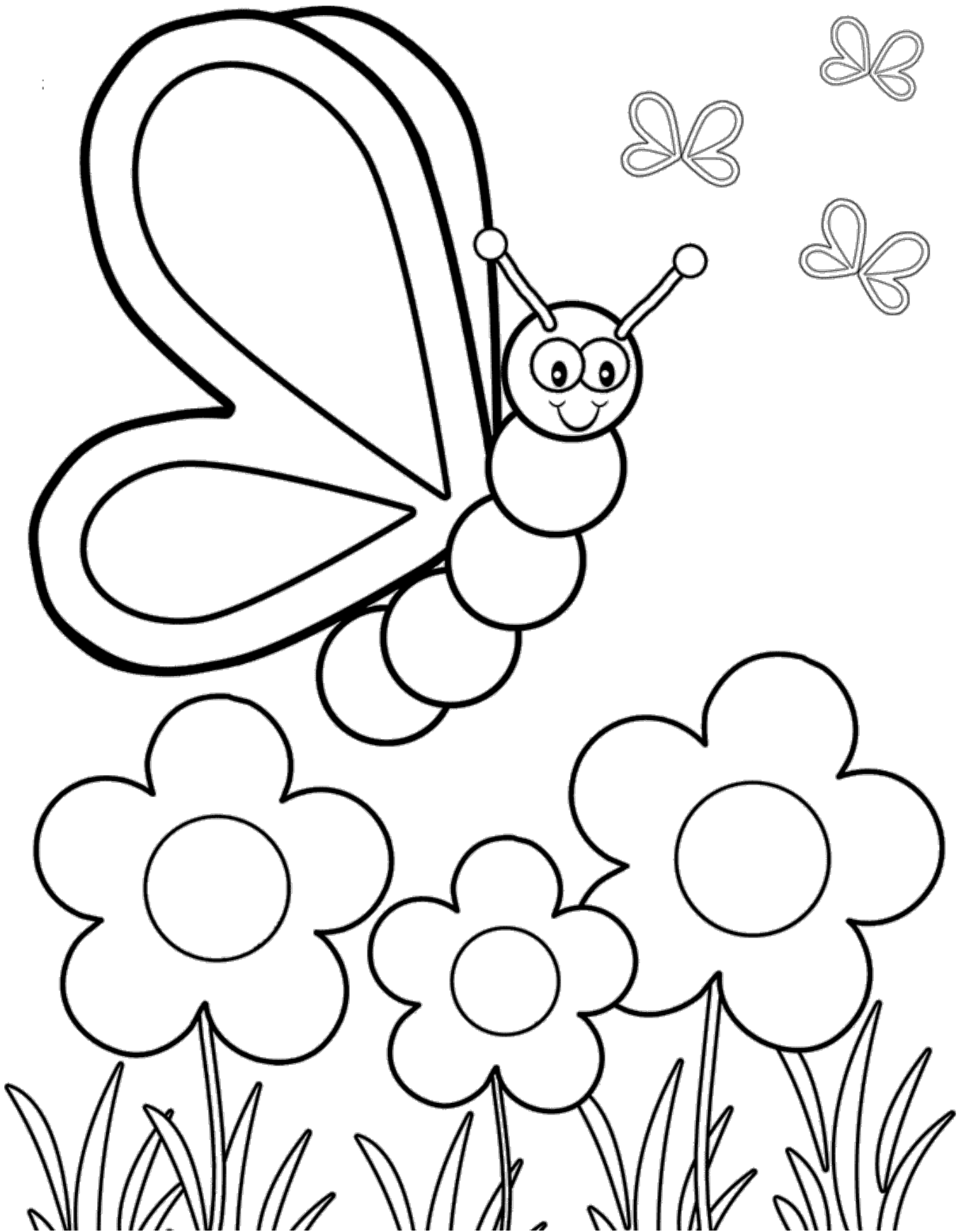


Make a Tic-Tac-Toe game:

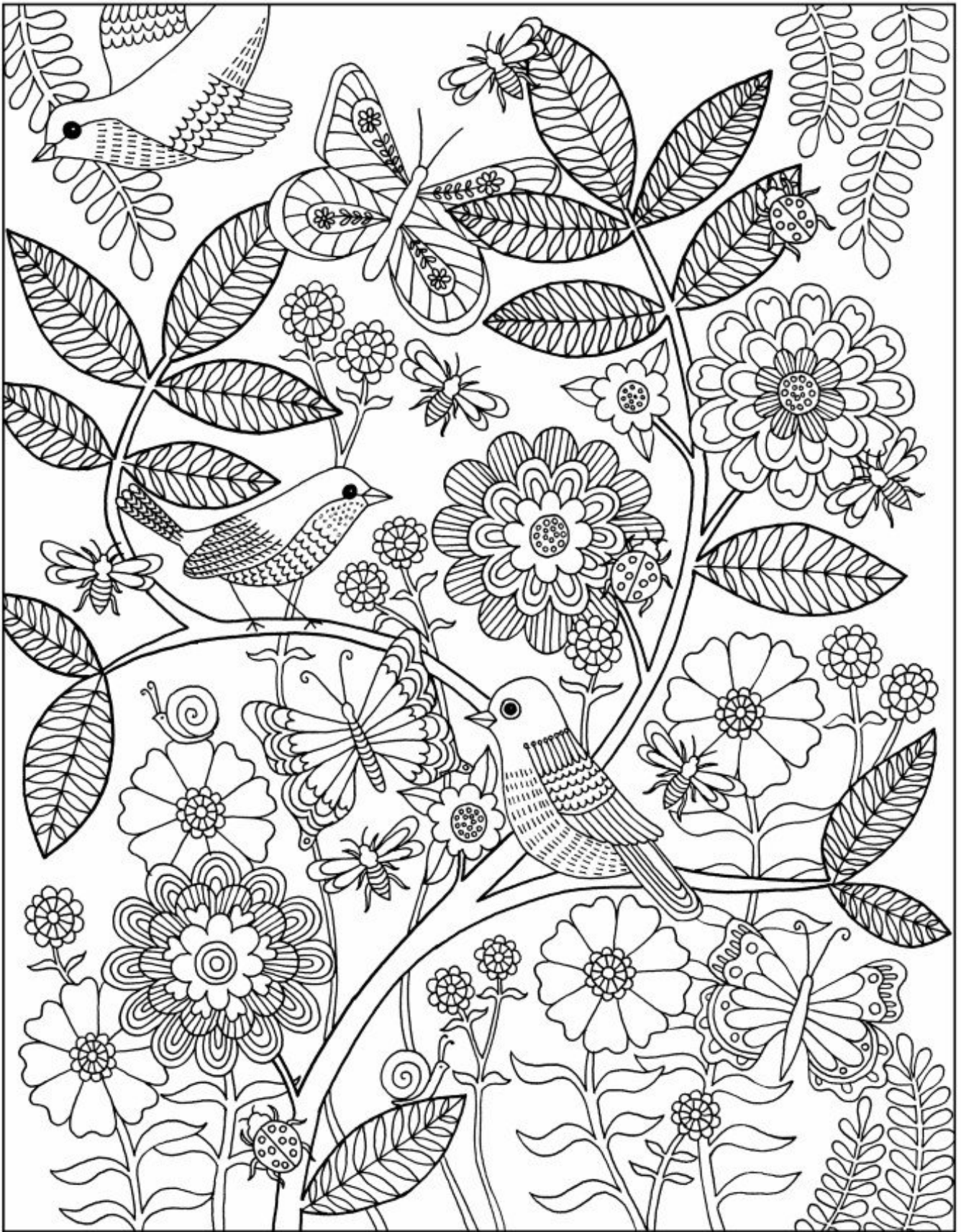


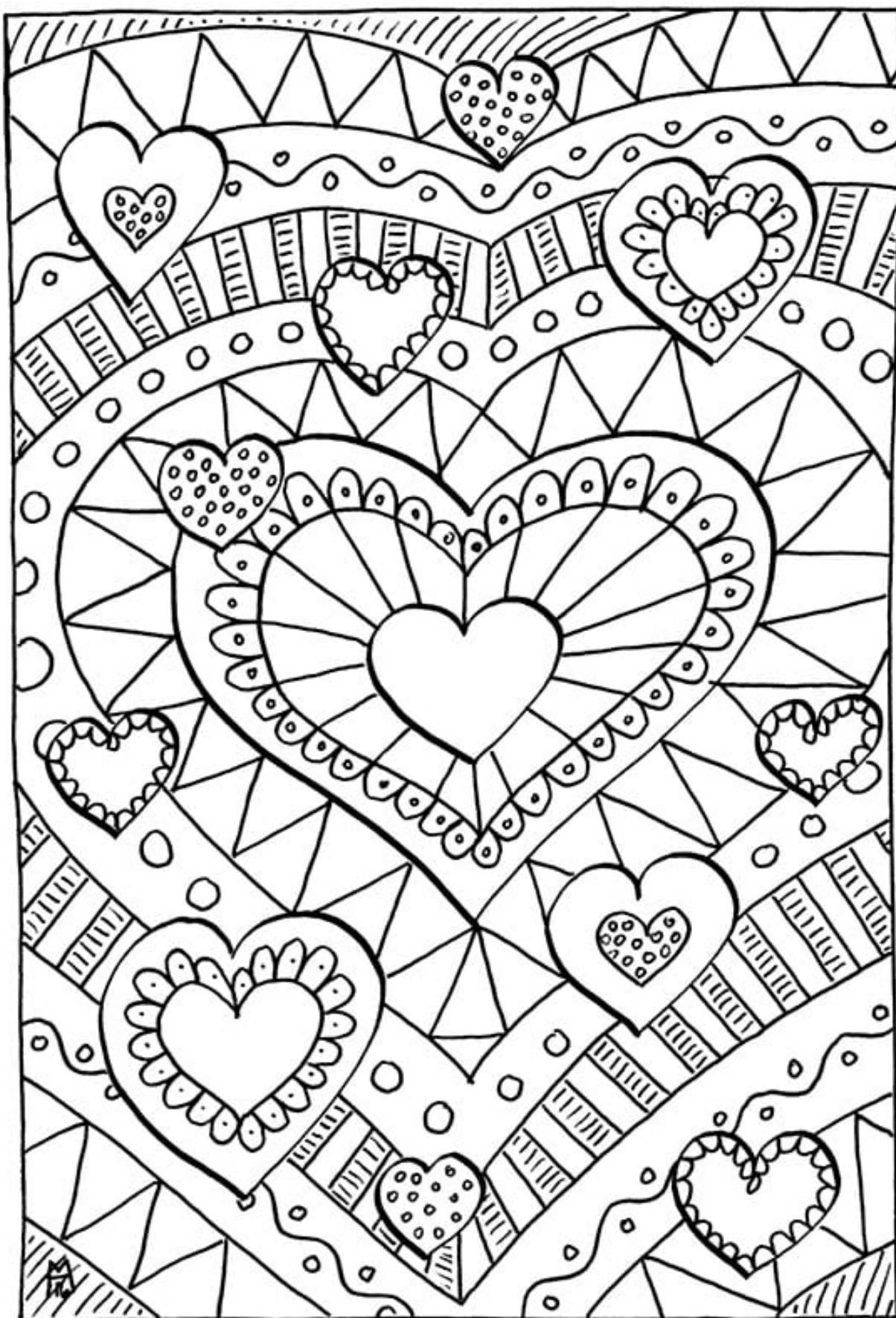
Make flower pot animals:



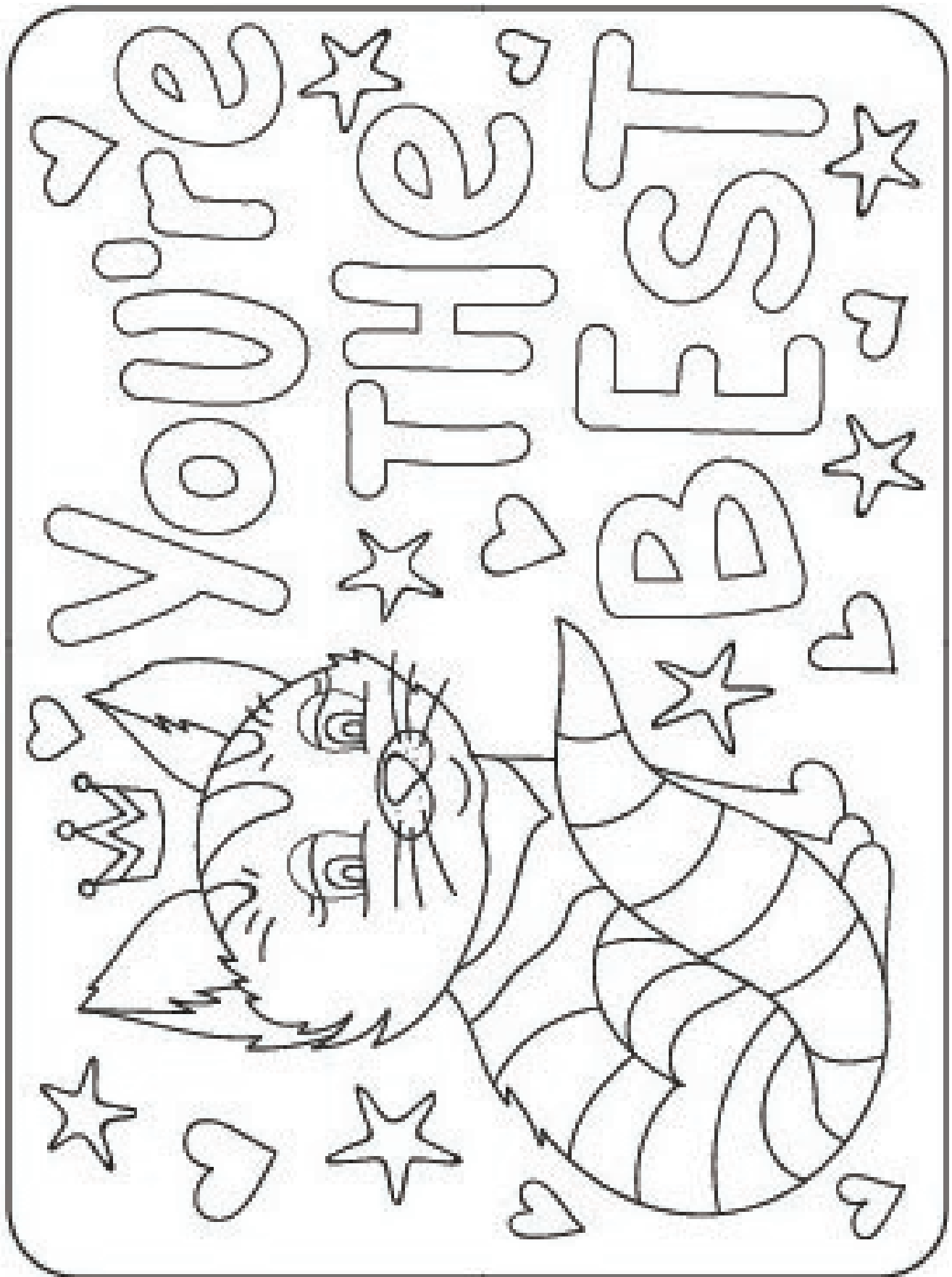












## Word Search

Find some of the things we all need to nurture and care for ourselves.

E C I S U M X S E L V U T G Z  
X L Y C Y I D G N I H T O L C  
E L A K L N Z Q U B M D U E D  
R E W U E Y P L M G V W W F L  
C B J I G P Z Y C L G Q Q Q D  
I P R Y L H J M S K W L Y N N  
S F T V N L T K R R X O U L C  
E F A M I L Y E R I J A W P A  
V L E Z M T G V R D W I F G G  
S L E E P Z Z Z O Z Z Z Z Z Z  
B O Y Z Q W P O S H T K C Y A  
S C B T W O F C S K E T A G O  
H O C M Y R M F Z E O M P N H  
G K H X W K U D Z N D O O X L  
J X W Z E U P N J H X V B H M

BOOKS  
CLOTHING  
EXERCISE  
FAMILY

FOOD  
FRIENDS  
HOME

LAUGHTER  
MUSIC  
SLEEP  
WORK



## APPENDIX I. PRINCIPLES & SOURCES

### The Rainbow Principles

*Chorus*

*We are all the colors of the rainbow*

*Each of us unique yet united as a whole*

*Every single you a blessed individual*

*Together we live these rainbow principles*

RED!

Stands for respecting other people

ORANGE!

Offering fair and kind treatment

YELLOW!

Puts the yearning in your learning

GREEN!

Grow in your search for truth & meaning

*Chorus*

BLUE!

Believe in what you are achieving

INDIGO!

Insist on freedom, love, and peace

VIOLET!

Value the web that does not cease

*Chorus*

*(This is also a [song by Mindy Simmons](#) that your kids may already know.)*

### The Seven Principles \*

*We the member congregations of the Unitarian Universalist Association, covenant to affirm and promote:*

1. The inherent worth and dignity of every person;
2. Justice, equity, and compassion in human relations;
3. Acceptance of one another and encouragement to spiritual growth in our congregations;
4. A free and responsible search for truth and meaning;
5. The right of conscience and the use of the democratic process within our congregations and in society at large;
6. The goal of world community with peace, liberty, and justice for all;
7. Respect for the interdependent web of all existence of which we are a part.

**\* As of January 24, 2021, First UU Nashville has adopted the 8<sup>th</sup> Principle:**

8. Journeying toward spiritual wholeness by working to build a diverse multicultural Beloved Community by our actions that accountably dismantle racism and other oppressions in ourselves and our institutions.

## CHILDREN'S SOURCES

*Our values come from many sources:*

- ∞ The sense of wonder that we all share;
- ∞ Women and men of long ago and today whose lives remind us to be kind and fair;
- ∞ Ethical and spiritual wisdom from the world's religions;
- ∞ Jewish and Christian teachings that tell us to love others as we love ourselves;
- ∞ The use of reason and discoveries of science;
- ∞ The harmony of nature and the sacred circle of life.

## SIX SOURCES

*The living tradition which we share draws from many sources:*

- ∞ Direct experience of that transcending mystery and wonder, affirmed in all cultures, which moves us to a renewal of the spirit and an openness to the forces which create and uphold life;
- ∞ Words and deeds of prophetic people which challenge us to confront powers and structures of evil with justice, compassion, and the transforming power of love;
- ∞ Wisdom from the world's religions which inspires us in our ethical and spiritual life;
- ∞ Jewish and Christian teachings which call us to respond to God's love by loving our neighbors as ourselves;
- ∞ Humanist teachings which counsel us to heed the guidance of reason and the results of science, and warn us against idolatries of the mind and spirit.
- ∞ Spiritual teachings of earth-centered traditions which celebrate the sacred circle of life and instruct us to live in harmony with the rhythms of nature

## APPENDIX II. CHALICES, CHALICES, CHALICES

### Make your own chalice



#### Materials:

- Small clay flowerpot with detached saucers
- Embellishments: markers, paint, stickers, ribbon, whatever you like
- Tea light
- Glue gun, optional

#### Instructions

- Decorate the pot and saucer as you like
- Turn the flowerpot upside down and place the saucer on top (see picture)
- If you wish, glue the saucer to the pot
- Place the tea light in the saucer

Then light your chalice and say some words, and don't forget to extinguish it. You might use a chalice lighting and a chalice extinguishing from the following two pages. Or on the page after that, you might write your own!

## SELECTED CHALICE LIGHTINGS

### **A Child's Chalice Lighting of Gratitude for the Earth**

*By Karen G. Johnston*

What if when  
I light the chalice,  
you hear an invitation  
to welcome gratitude  
for the earth?

This week, as I got ready to light the chalice,  
my family talked about blessings  
from this planet.

Here is my list:  
*[list 3-7 things]*

And now, with this flame of hope  
shedding light in your heart:  
what is *your* list?

### **Welcoming the Stranger**

*By Tracy Bleakney*

A child journeys far from home  
Fearful and brave,  
in need of safe harbor.  
Guided by this chalice, may we seek to understand the causes of flight.  
Like the comfort of a candle flickering in a window of darkness,  
Let us welcome this child into our home with  
warmth, nourishment, and love.  
Would we not want the same for our own child,  
lost and alone in a strange land?

### **Many of the Past Generation and Many of Today...**

*By Sophia Lyon Fahs*

Many of the past generation and many of today have found three abiding values in prayer: the quiet meditation on life,  
the reaching out toward the universal and the infinite,  
and the courageous facing of one's profoundest wishes.  
Let parents sense and share with their children the glory and mystery of everyday things.  
Let them look with sympathy upon humanity's age-long dilemmas.  
Let no questions be taboo.  
The next generation can ill afford to have the deeper values deleted from the book of life.

## **SELECTED CHALICE EXTINGUISHINGS**

### **As Breath to Song**

*By Becky Laurent, adapted*

As flame is to spirit, so spirit is to breath, and breath to song. Though we extinguish this flame for now, may we tend it in our hearts until we light it again.

### **Daring Vision**

*By Maureen Killoran*

We extinguish this chalice flame,  
daring to carry forward the vision of this free faith,  
that freedom, reason, and justice  
will one day prevail in this nation and across the earth.

### **It Becomes More**

*By Amy Zucker Morgenstern*

When we take fire from our chalice, it does not become less.  
It becomes more.  
And so we extinguish our chalice, but we take its light and warmth with us,  
multiplying their power by all of our lives, and sharing it with the world.

# Write your own chalice lighting!

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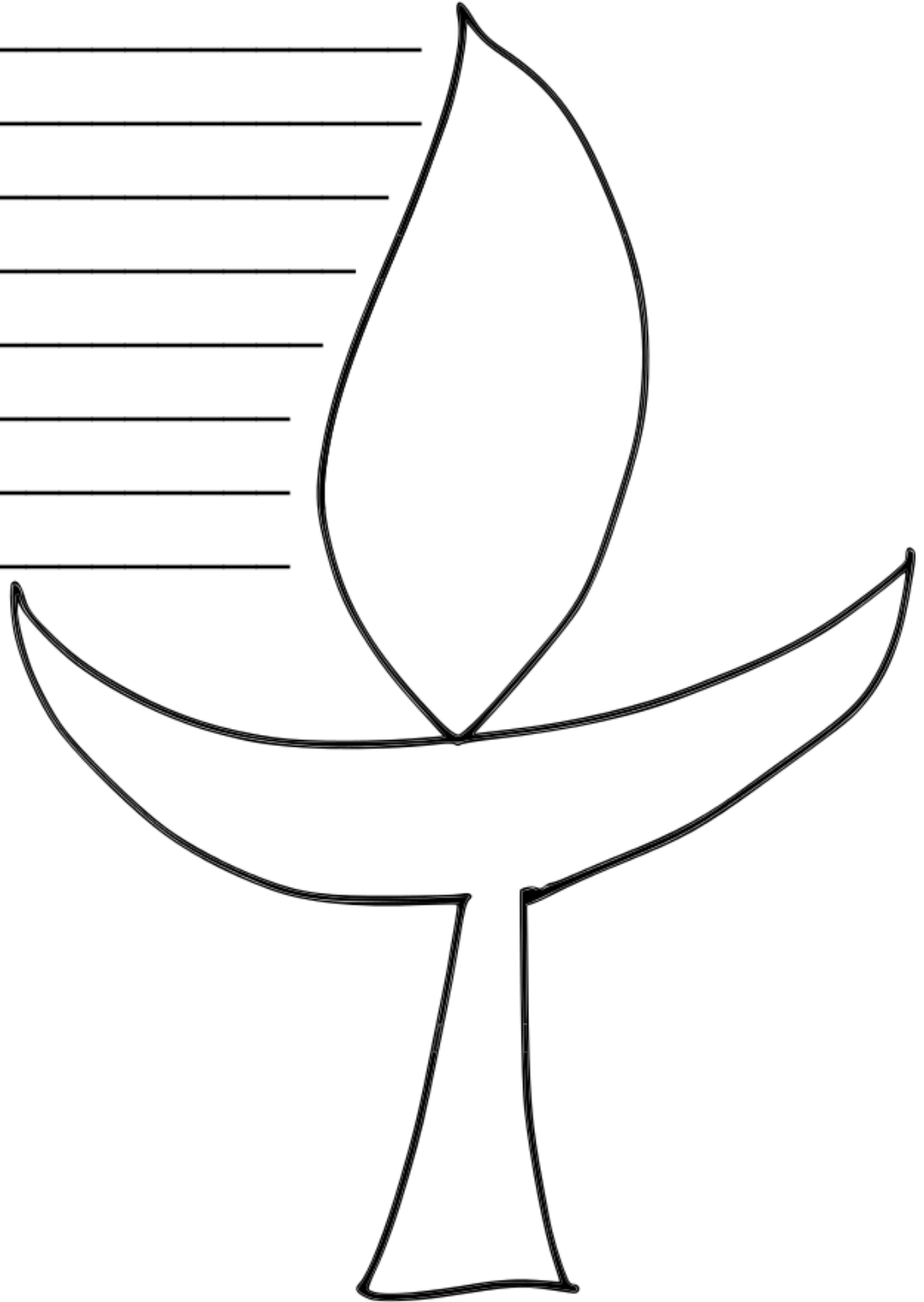
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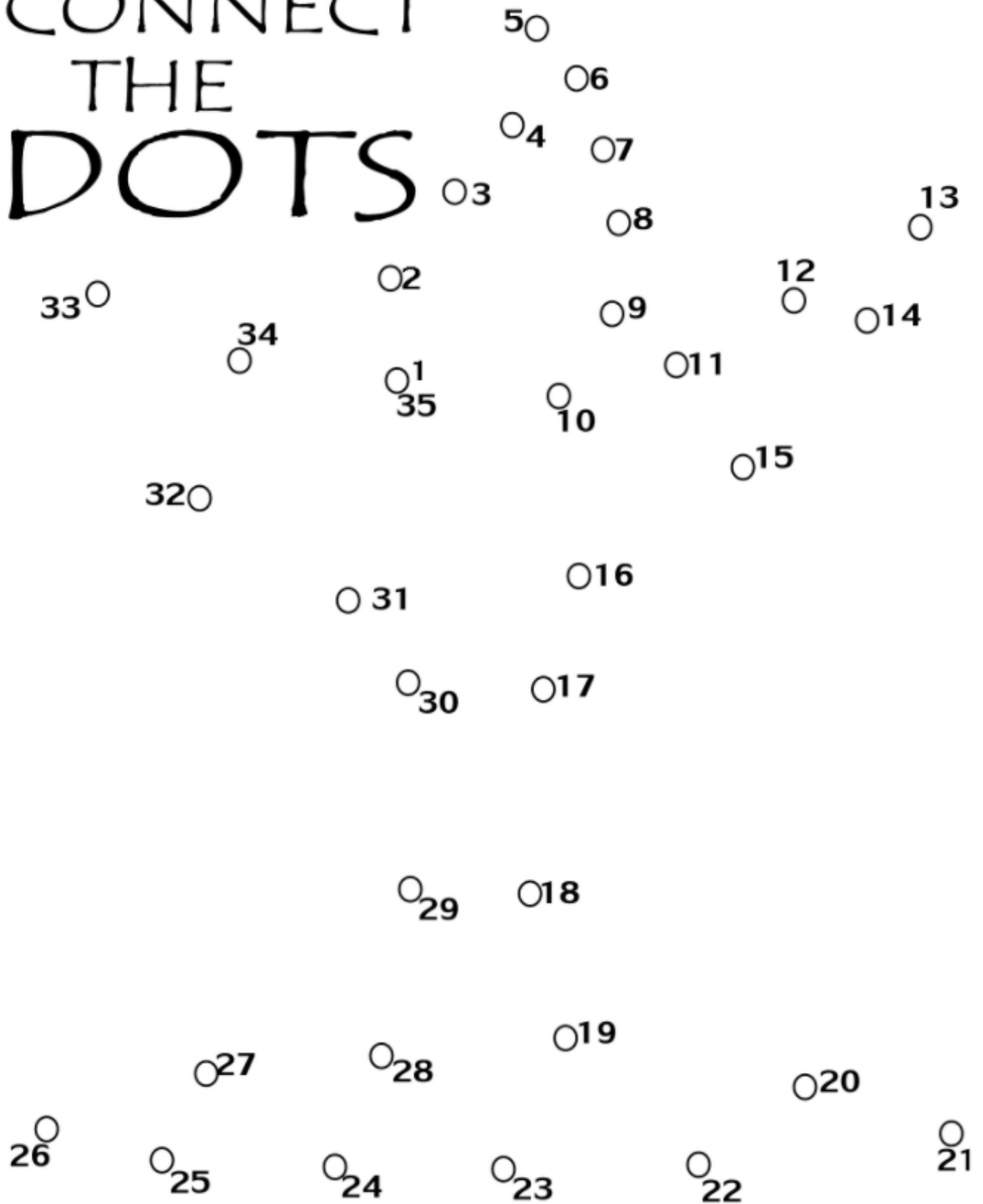
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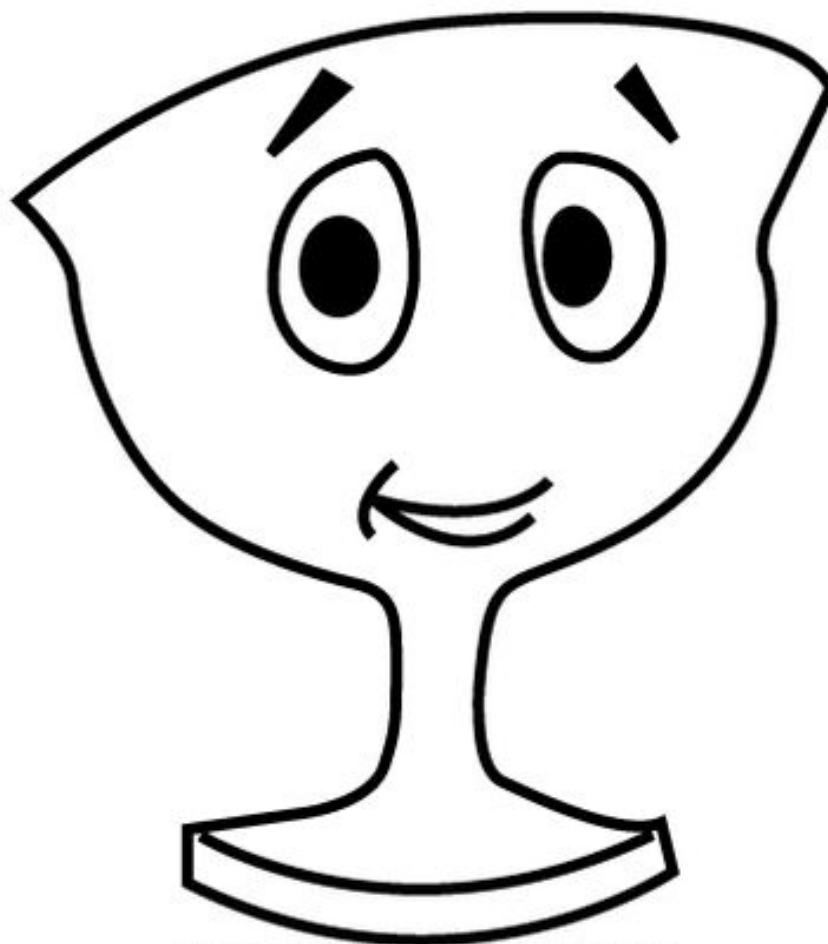


Name \_\_\_\_\_

# CONNECT THE DOTS



**KIDS: Color "Alice the Chalice"  
and draw her a flame!**

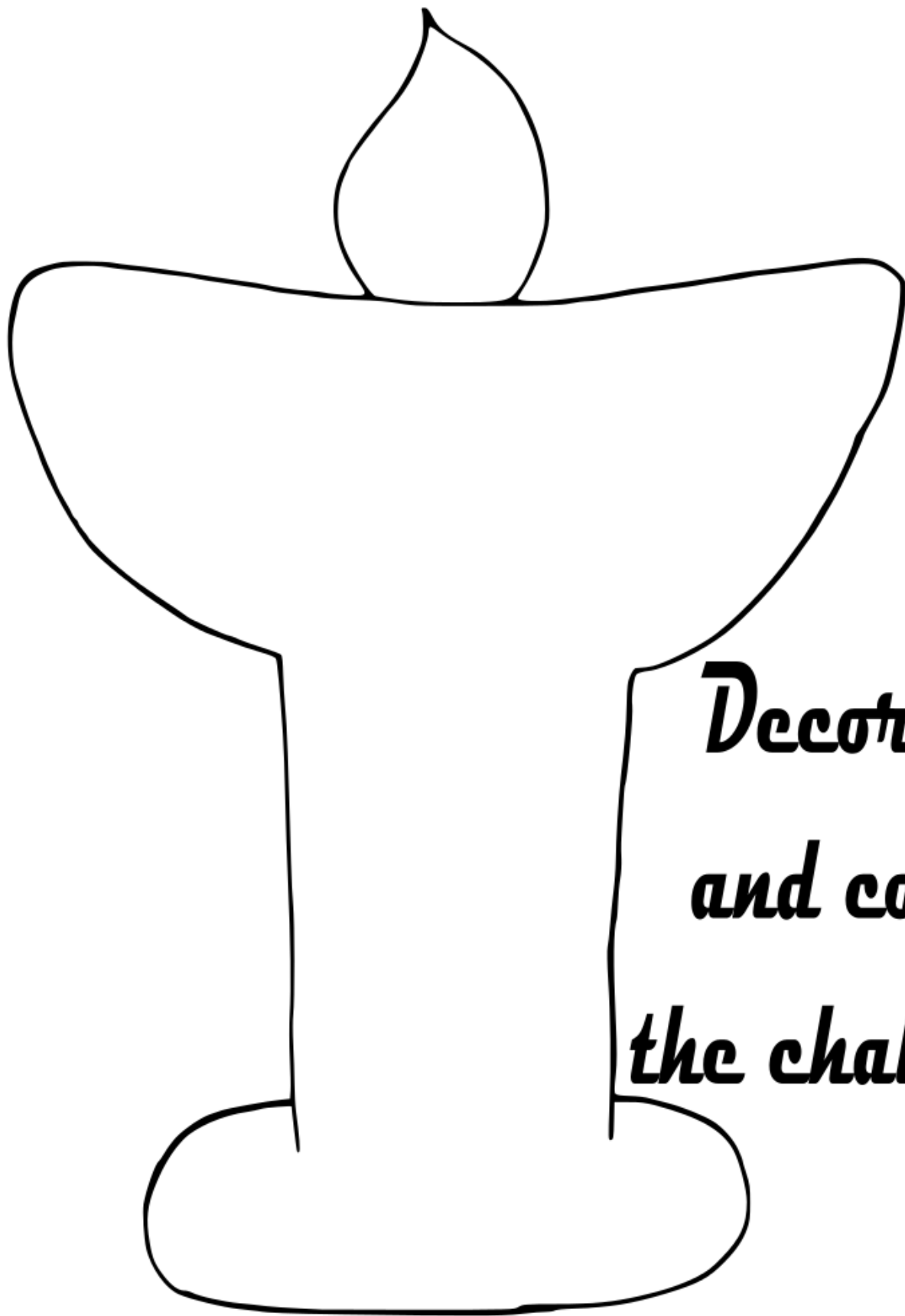


"Alice the Chalice" Copyright 2004 Peter Bowden

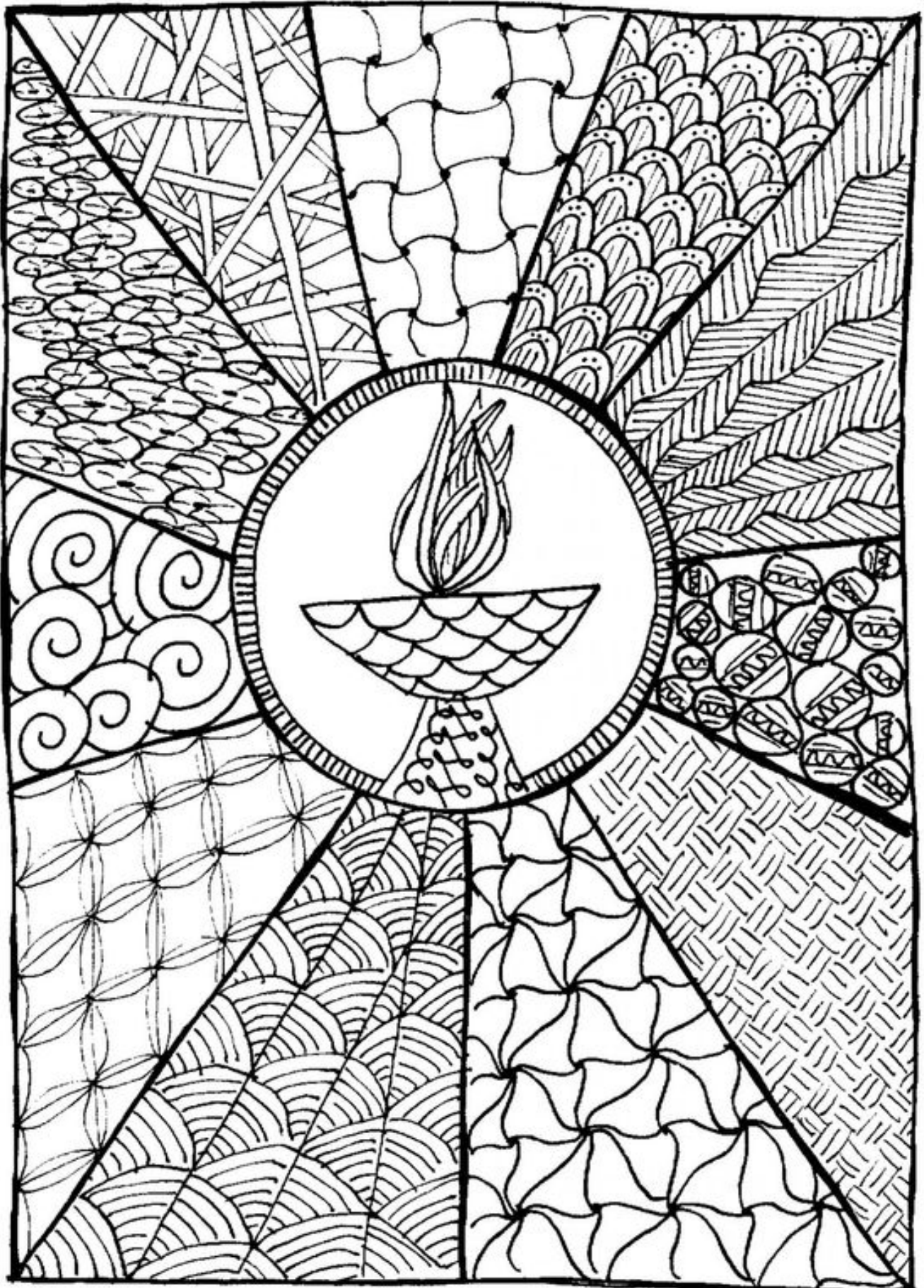


"Alice the Chalice" Copyright 2004 Peter Bowden. Permission granted to copy for use as activity pages in Unitarian Universalist church services and religious education programs. For more resources like this one visit [www.UUPLANET.com](http://www.UUPLANET.com).





*Decorate  
and color  
the chalice*



ell 2015



## APPENDIX III. 2020-2021 SUNDAY SCHOOL & YOUTH GROUP SCHEDULE

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**1<sup>ST</sup> SUNDAYS @ 10:30 A.M.**

**PreK-1<sup>st</sup> Grade—Special Topic**

<https://zoom.us/j/92777181330>

**2<sup>nd</sup> Grade and up—Special Guest**

<https://us02web.zoom.us/j/86558123983>

**2<sup>ND</sup> SUNDAYS @ 10:30 A.M.**

**PreK-1<sup>st</sup> Grade—Story & Song**

<https://us02web.zoom.us/j/87288152140>

with Suzanne LeBeau & Susie Wilcox

**2<sup>nd</sup>-4<sup>th</sup> Grade—Tools of Faith & Minecraft**

<https://zoom.us/j/94518102020>

with Marguerite Mills & Christopher Cotton

**5<sup>th</sup>-8<sup>th</sup> Grade—ChUUrchCraft & Minecraft**

<https://zoom.us/j/98572464291>

with Chas Sisk & Jason Plummer

**3<sup>RD</sup> SUNDAYS @ 10:30 A.M.**

**All Ages—Family Games**

<https://us02web.zoom.us/j/89770398199>

with Christopher Cotton, Colin Guerrette, & Jason Plummer

**4<sup>TH</sup> SUNDAYS @ 10:30 A.M.**

**PreK-1<sup>st</sup> Grade—Story & Song**

<https://us02web.zoom.us/j/85217697987>

with Suzanne LeBeau & Susie Wilcox

**2<sup>nd</sup>-4<sup>th</sup> Grade—Tools of Faith & Minecraft**

<https://zoom.us/j/94398891671>

with Marguerite Mills & Christopher Cotton

**5<sup>th</sup>-8<sup>th</sup> Grade—ChUUrchCraft & Minecraft**

<https://zoom.us/j/92332008761>

with Chas Sisk & Jason Plummer

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**SUNDAYS @ 11:30 A.M.**

**Youth Group (9<sup>th</sup>-12<sup>th</sup> grades)**

<https://zoom.us/j/94148119890?pwd=L1FYQXh0emp2TzJNUTZsWWxxZkt2Zz09>

with Shannon Hayes, Elizabeth Leiserson, Holly Mueller

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## APPENDIX IV: GUEST AT YOUR TABLE

The [Unitarian Universalist Service Committee \(UUSC\)](#) is a nonprofit, nonsectarian organization advancing human rights together with an international community of grassroots partners and advocates. [Guest at Your Table \(GaYT\)](#) is their longest-established fundraising and educational program for congregations. See the [story for all ages](#) for information about this year's program. Many of you received a package with GaYT boxes (If you don't have a box, UUSC has a [template](#) you can use to make one.)

### **2020-2021 Theme: *The Meaning of Home***

For many of us, our relationship with home has intensified this year. The pandemic has given many of us new appreciation for, and concerns about, the places we call home and the centrality of these places in our lives.

This year during Guest at Your Table, we invite you to witness stories of our partners around the world as they tell you about home. Our partners in Central America are working to make sure no one is forced to flee their home due to violence or economic devastation. Our partners in Alaska, Louisiana, and the Pacific are fighting for their homes and ancestral lands against the ravages of extractive industries and climate change. And our partners in Burma, Bangladesh, and beyond are working tirelessly to support the rights of the Rohingya ethnic minority of Burma after facing government backed genocide in their homeland.

Here are some ideas about how to fund your box:

- Adults put \$X worth of quarters per child in a cup (rolls of quarters come in \$10 at the bank!). Each time a child is caught being on-task/kind/helpful, put a quarter in and tell them why.
- Adults assign extra tasks that can be done to earn \$ for the box.
- Adults discuss with children putting in X% of any money into the box (even 1%!) instead of into the piggy bank.
- Adults discuss with children matching funds for any kid money they put in (i.e. a child gives \$1 of their own money, and a parent matches it).
- Picking up trash in your neighborhood.
- Instead of having a family treat (say ice cream) this week, we're going to put that \$ into the box
- Helping a neighbor.

We'll work on donations into our boxes from February 7-May 16. The week of May 16, you can either send a check to FUUN (memo line Guest at Your Table/Kids), or you can Venmo your donation to FUUN member Jennifer Hackett (@Jennifer-Hackett-4), who will write one big check from whomever wants to donate that way.

~ Jennifer Hackett for The Committee for the Larger Faith