

There will be no Sunday School at 10:30 a.m. on January 24 so that all may attend the mid-year congregational meeting at 10 a.m. You will receive a *FUUN for All Ages—Connection Without Zoom* that week with information about our [5th Principle](#), some of what will take place at the meeting, including a vote as to whether FUUN will adopt the [8th Principle](#), and coloring sheets and such that may better allow your child(ren) to be present during the meeting.

FUUN FOR ALL AGES—CONNECTION WITHOUT ZOOM

10 January 2021

Dear All:

This week has been different, and it has been challenging, and so Sunday will be different and, we hope, loving and encouraging. The worship service is for everyone. Print a rainbow coloring page or two—you'll want to have them ready during the Time for All Ages.

Please also know that we will be holding space during Sunday school and Youth Group for questioning and processing. And there are resources here about how to talk with children and youth about the week's events at the U.S. Capitol.

This Sunday's Zoom gatherings are:

10:30 a.m.

PreK-1st Grade—Story & Song

<https://us02web.zoom.us/j/87288152140>

with Suzanne LeBeau & Susie Wilcox

2nd-4th Grade—Tools of Faith & Minecraft

<https://zoom.us/j/94518102020>

with Marguerite Mills & Christopher Cotton

5th-8th Grade—ChUrchCraft & Minecraft

<https://zoom.us/j/98572464291>

with Chas Sisk & Jason Plummer

11:30 a.m.

Youth Group—9th-12th Graders

<https://zoom.us/j/94148119890?pwd=L1FYQXh0emp2TzJNUTZsWWxxZkt2Zz09>

with Shannon Hayes, Elizabeth Leiserson, Holly Mueller

Please stay in touch. If you have questions, suggestions, concerns, anything at all... I would truly love to hear from you.

Blessings.

Marguerite

Marguerite Mills

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10 January 2021

Lamentation and Hope

Rev. Diane Dowgiert

When tragedy strikes, when the unthinkable happens, when we are shaken to the core, we gather to give voice to our anguish and confusion. We gather to name our feelings of anger, fear, shock, and sadness. In our coming together we find the hope to keep moving forward.

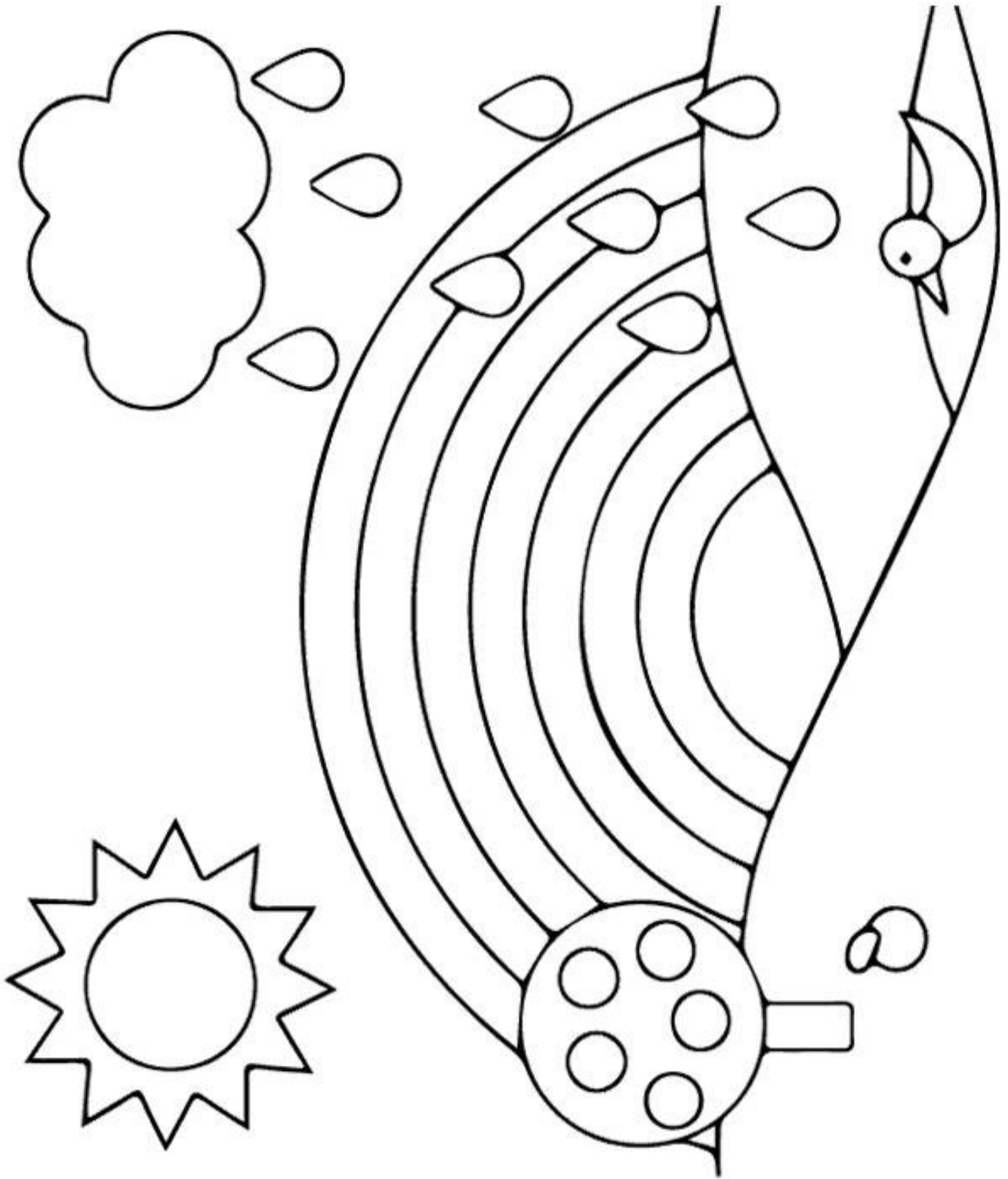
For the Zoom social hour following the service, Rev. Diane, Rev. Denise, and your lay ministers will host breakout rooms, a time to be together for comfort, to try to understand what happened, and to determine what our faithful response will be.

Worship service at 9 a.m.: <https://event.webinarjam.com/live/169/57pv2h53arzsy2ul0k>

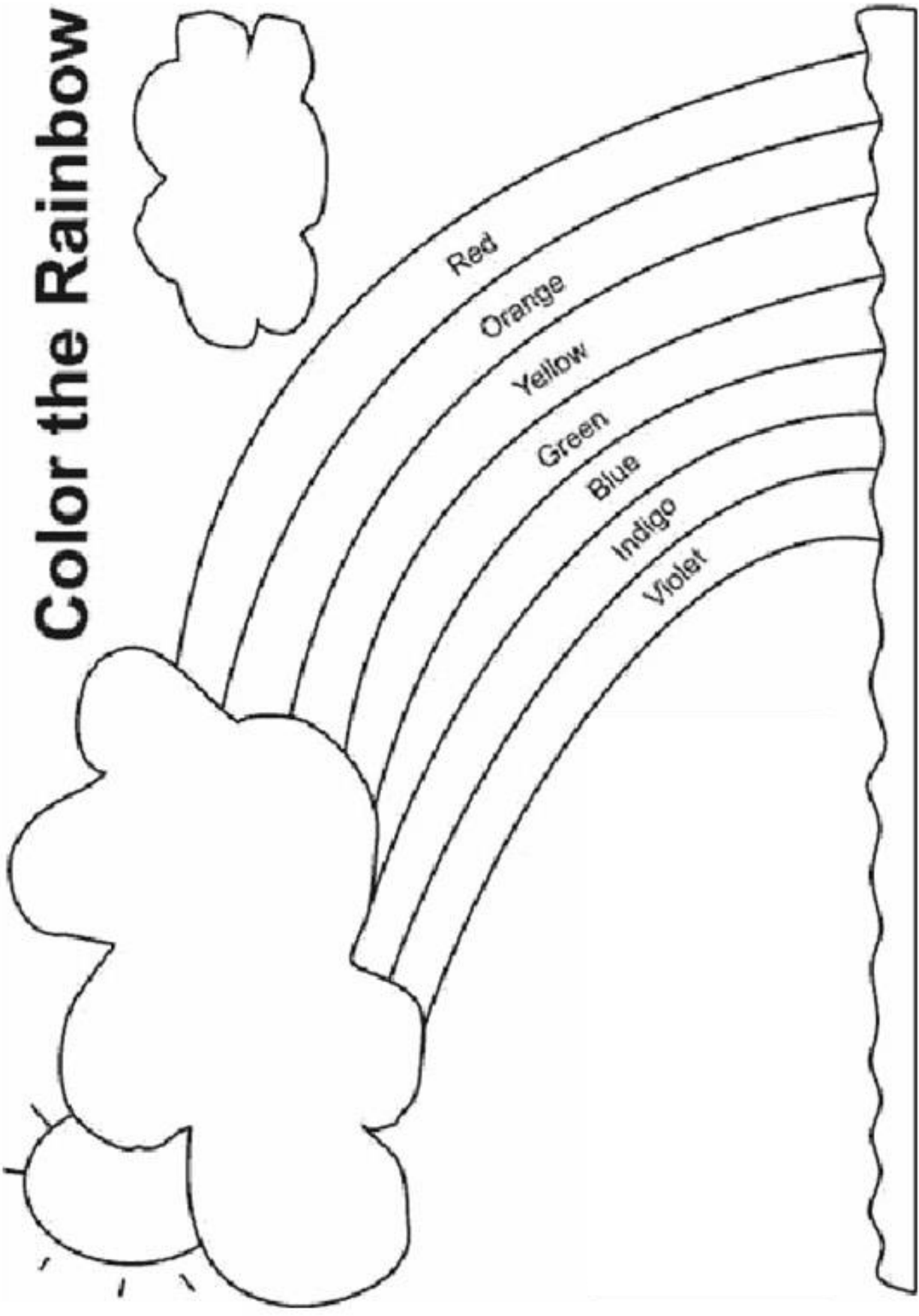
Social hour following the service: <https://www.firstuunash.org/zoom-social-hour/>

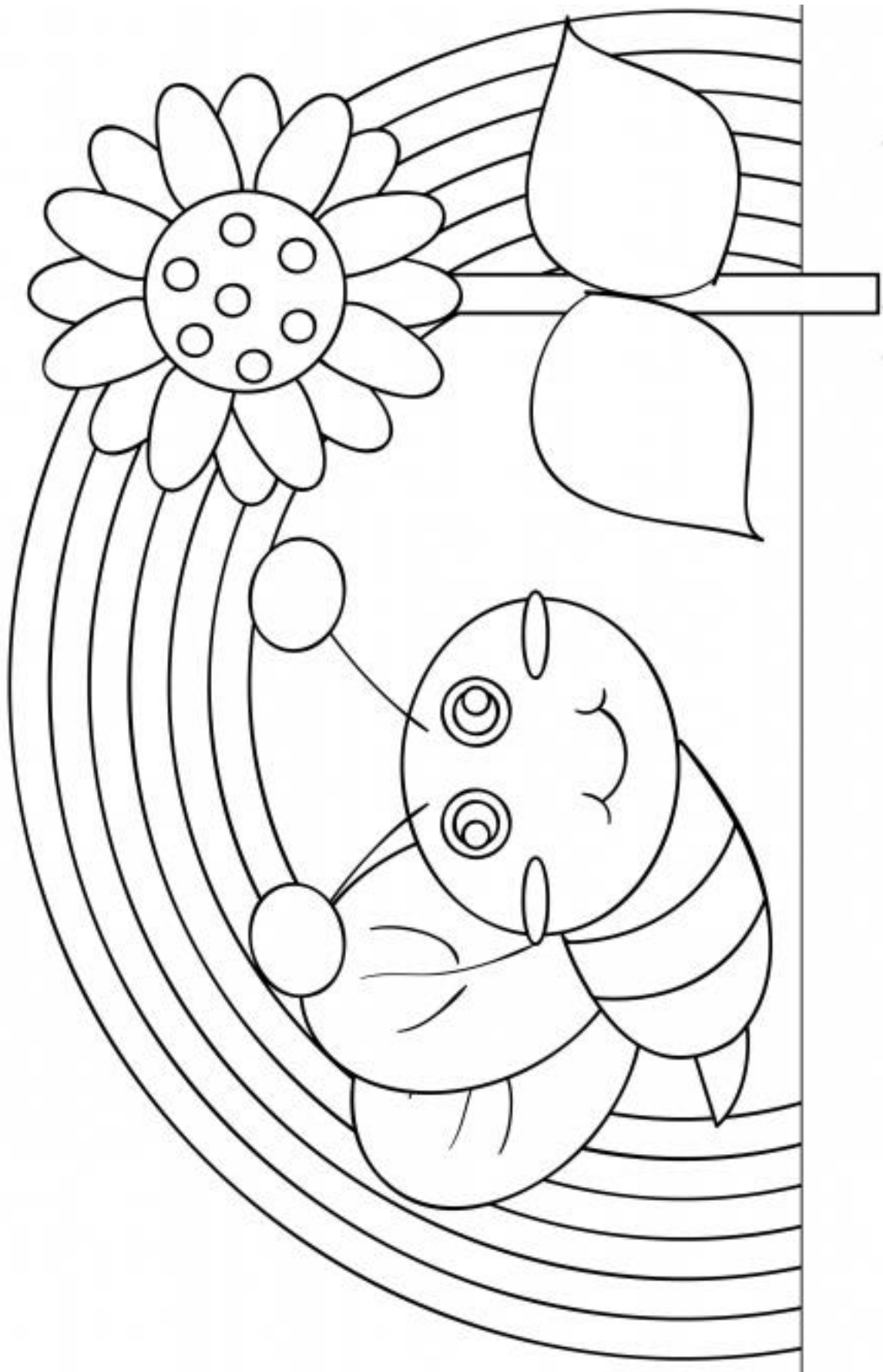
Pastoral message from Rev. Diane: <https://www.firstuunash.org/pastoral-message-1-7-21/>

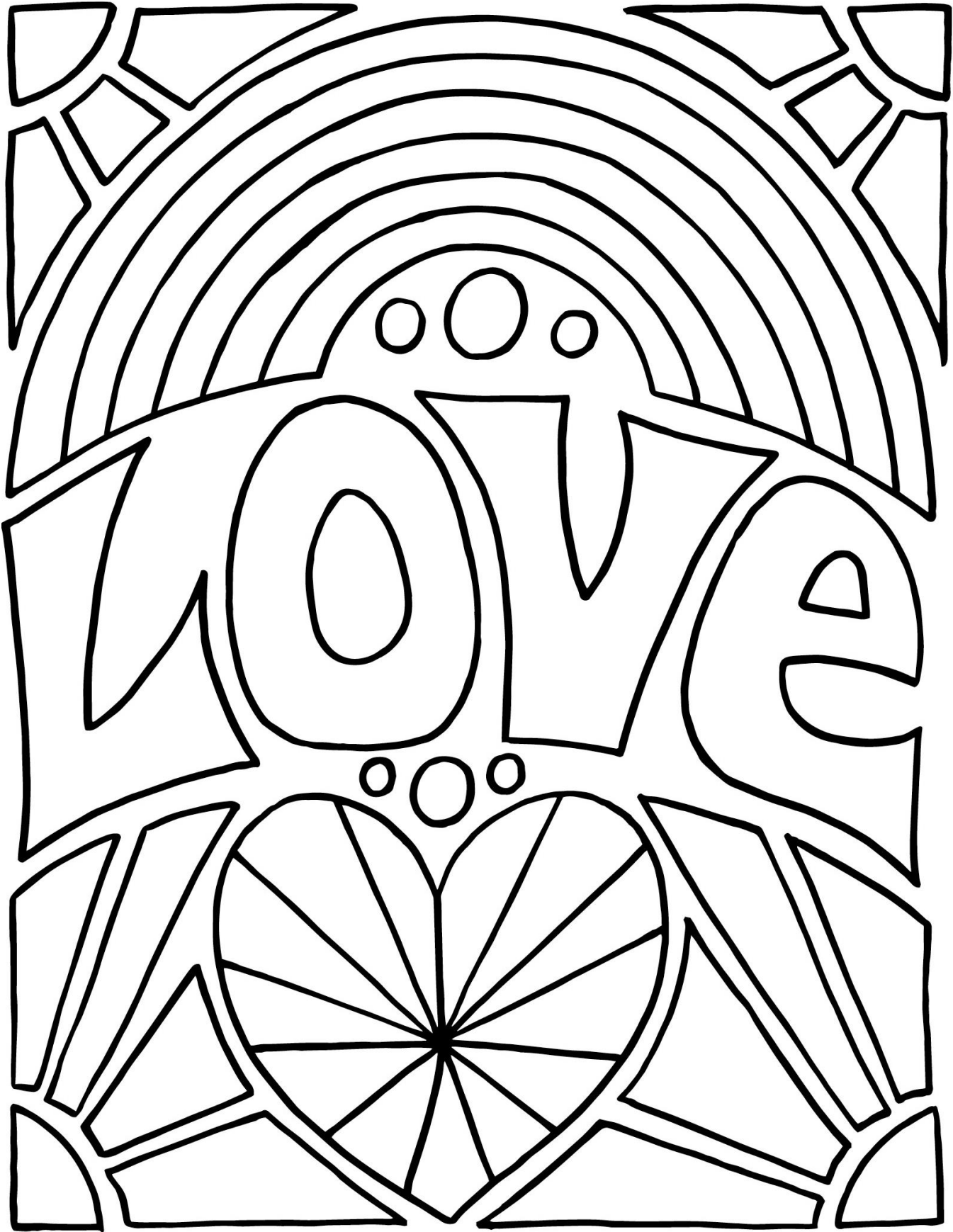
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Color the Rainbow









OR COLOR A RAINBOW ONLINE

<http://scrapcoloring.com/news/rainbow>

<https://www.thecolor.com/Coloring/Rainbows.aspx>

<https://www.thecolor.com/Coloring/Rainbow-Coloring-2.aspx>

<https://www.thecolor.com/Coloring/Rainbow-giraffe-coloring-page.aspx>

<https://www.thecolor.com/Coloring/Rainbow-Coloring-4.aspx>

<https://www.thecolor.com/Coloring/Rainbow-Coloring-3.aspx>

<https://www.thecolor.com/Coloring/Rainbow-Coloring-1.aspx>

HOW TO TALK WITH CHILDREN ABOUT THE EVENTS AT THE U.S. CAPITOL

From NPR:

<https://www.npr.org/sections/congress-electoral-college-tally-live-updates/2021/01/07/954415771/how-to-talk-to-kids-about-the-riots-at-the-u-s-capitol>

From the Southern Poverty Law Center:

<https://www.tolerance.org/magazine/leading-conversations-after-crisis>

An age-specific guide:

<https://www.today.com/parents/how-talk-children-about-capitol-riots-age-age-t205304>

APPENDIX I. PRINCIPLES & SOURCES

The Rainbow Principles

Chorus

We are all the colors of the rainbow

Each of us unique yet united as a whole

Every single you a blessed individual

Together we live these rainbow principles

RED!

Stands for respecting other people

ORANGE!

Offering fair and kind treatment

YELLOW!

Puts the yearning in your learning

GREEN!

Grow in your search for truth & meaning

Chorus

BLUE!

Believe in what you are achieving

INDIGO!

Insist on freedom, love, and peace

VIOLET!

Value the web that does not cease

Chorus

(This is also a [song by Mindy Simmons](#) that your kids may already know.)

The Seven Principles *

We the member congregations of the Unitarian Universalist Association, covenant to affirm and promote:

1. The inherent worth and dignity of every person;
2. Justice, equity, and compassion in human relations;
3. Acceptance of one another and encouragement to spiritual growth in our congregations;
4. A free and responsible search for truth and meaning;
5. The right of conscience and the use of the democratic process within our congregations and in society at large;
6. The goal of world community with peace, liberty, and justice for all;
7. Respect for the interdependent web of all existence of which we are a part.

** There is an 8th Principle currently being considered:*

8. Journeying toward spiritual wholeness by working to build a diverse multicultural Beloved Community by our actions that accountably dismantle racism and other oppressions in ourselves and our institutions.

CHILDREN'S SOURCES

Our values come from many sources:

- ∞ The sense of wonder that we all share;
- ∞ Women and men of long ago and today whose lives remind us to be kind and fair;
- ∞ Ethical and spiritual wisdom from the world's religions;
- ∞ Jewish and Christian teachings that tell us to love others as we love ourselves;
- ∞ The use of reason and discoveries of science;
- ∞ The harmony of nature and the sacred circle of life.

SIX SOURCES

The living tradition which we share draws from many sources:

- ∞ Direct experience of that transcending mystery and wonder, affirmed in all cultures, which moves us to a renewal of the spirit and an openness to the forces which create and uphold life;
- ∞ Words and deeds of prophetic people which challenge us to confront powers and structures of evil with justice, compassion, and the transforming power of love;
- ∞ Wisdom from the world's religions which inspires us in our ethical and spiritual life;
- ∞ Jewish and Christian teachings which call us to respond to God's love by loving our neighbors as ourselves;
- ∞ Humanist teachings which counsel us to heed the guidance of reason and the results of science, and warn us against idolatries of the mind and spirit.
- ∞ Spiritual teachings of earth-centered traditions which celebrate the sacred circle of life and instruct us to live in harmony with the rhythms of nature

APPENDIX II. CHALICES, CHALICES, CHALICES

Make your own chalice



Materials:

- Small clay flowerpot with detached saucers
- Embellishments: markers, paint, stickers, ribbon, whatever you like
- Tea light
- Glue gun, optional

Instructions

- Decorate the pot and saucer as you like
- Turn the flowerpot upside down and place the saucer on top (see picture)
- If you wish, glue the saucer to the pot
- Place the tea light in the saucer

Then light your chalice and say some words, and don't forget to extinguish it. You might use a chalice lighting and a chalice extinguishing from the following two pages. Or on the page after that, you might write your own!

SELECTED CHALICE LIGHTINGS

A Child's Chalice Lighting of Gratitude for the Earth

By Karen G. Johnston

What if when
I light the chalice,
you hear an invitation
to welcome gratitude
for the earth?

This week, as I got ready to light the chalice,
my family talked about blessings
from this planet.

Here is my list:
[list 3-7 things]

And now, with this flame of hope
shedding light in your heart:
what is *your* list?

Welcoming the Stranger

By Tracy Bleakney

A child journeys far from home
Fearful and brave,
in need of safe harbor.
Guided by this chalice, may we seek to understand the causes of flight.
Like the comfort of a candle flickering in a window of darkness,
Let us welcome this child into our home with
warmth, nourishment, and love.
Would we not want the same for our own child,
lost and alone in a strange land?

Many of the Past Generation and Many of Today...

By Sophia Lyon Fahs

Many of the past generation and many of today have found three abiding values in prayer: the quiet meditation on life,
the reaching out toward the universal and the infinite,
and the courageous facing of one's profoundest wishes.
Let parents sense and share with their children the glory and mystery of everyday things.
Let them look with sympathy upon humanity's age-long dilemmas.
Let no questions be taboo.
The next generation can ill afford to have the deeper values deleted from the book of life.

SELECTED CHALICE EXTINGUISHINGS

As Breath to Song

By Becky Laurent, adapted

As flame is to spirit, so spirit is to breath, and breath to song. Though we extinguish this flame for now, may we tend it in our hearts until we light it again.

Daring Vision

By Maureen Killoran

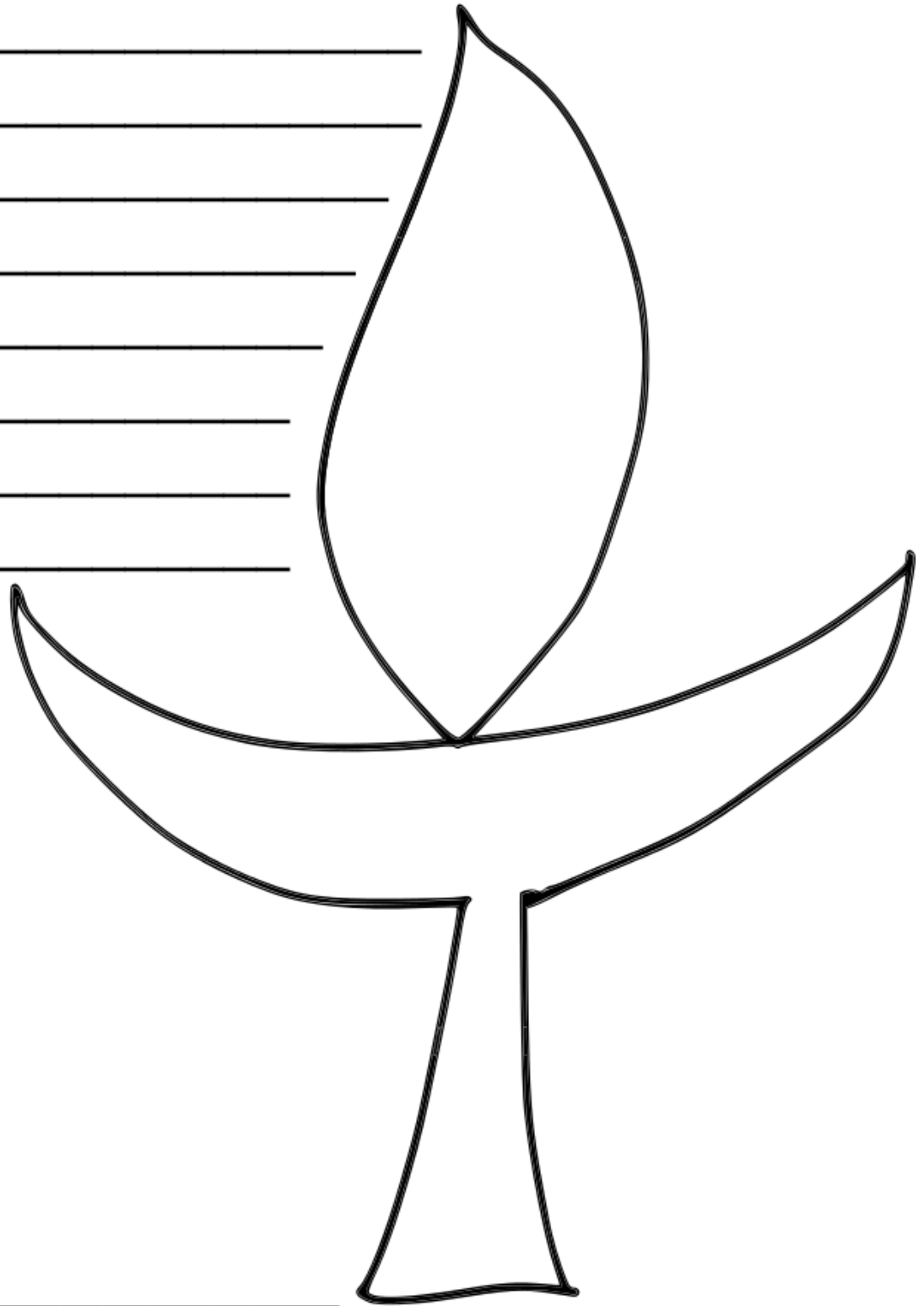
We extinguish this chalice flame,
daring to carry forward the vision of this free faith,
that freedom, reason and justice
will one day prevail in this nation and across the earth.

It Becomes More

By Amy Zucker Morgenstern

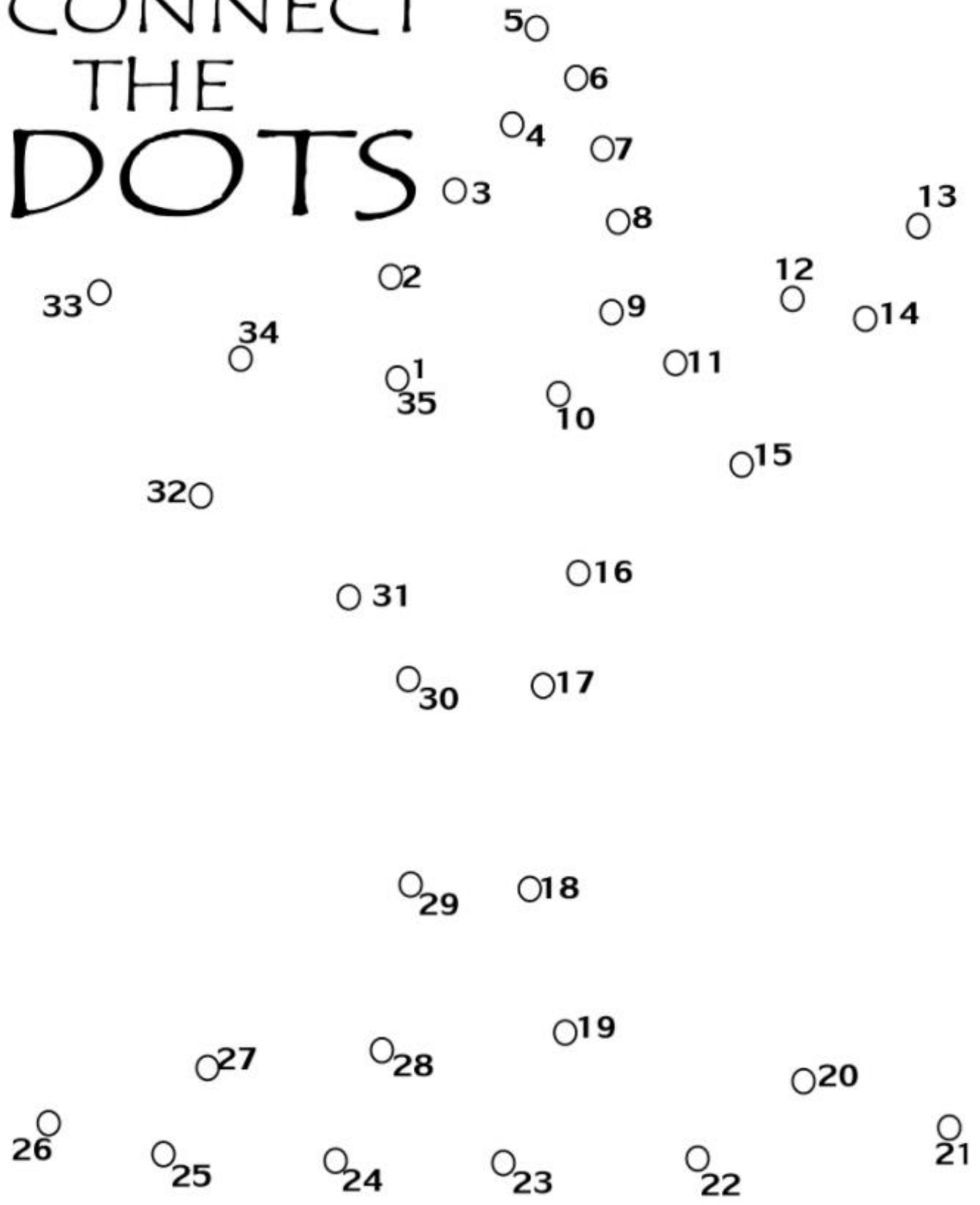
When we take fire from our chalice, it does not become less.
It becomes more.
And so we extinguish our chalice, but we take its light and warmth with us,
multiplying their power by all of our lives, and sharing it with the world.

Write your own chalice lighting!

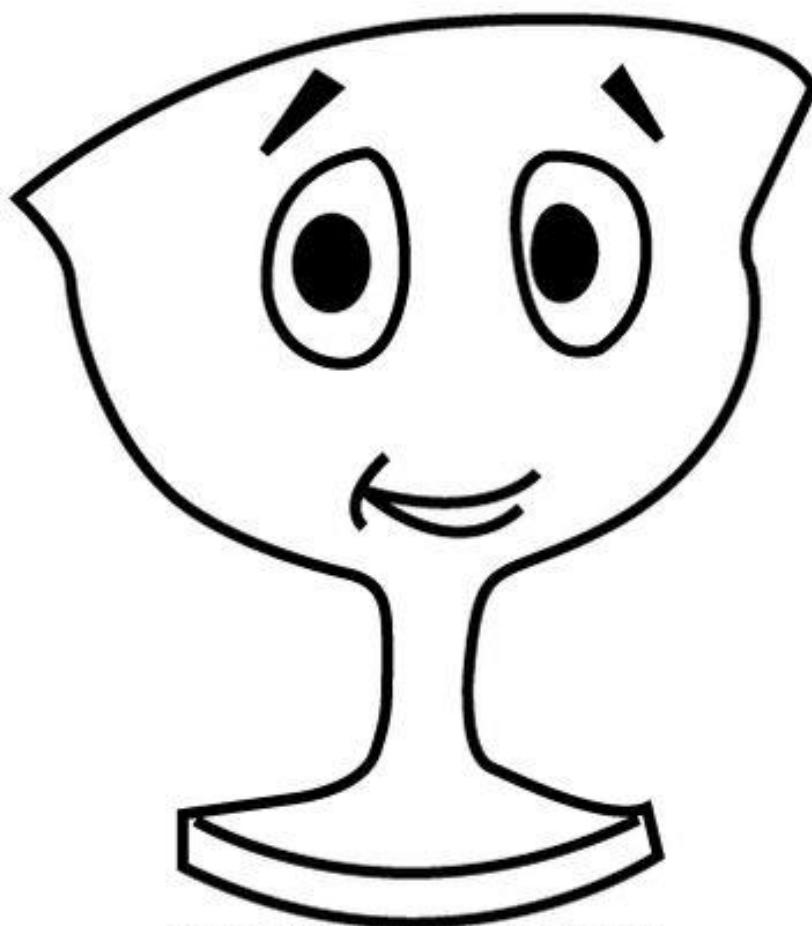


Name _____

CONNECT THE DOTS



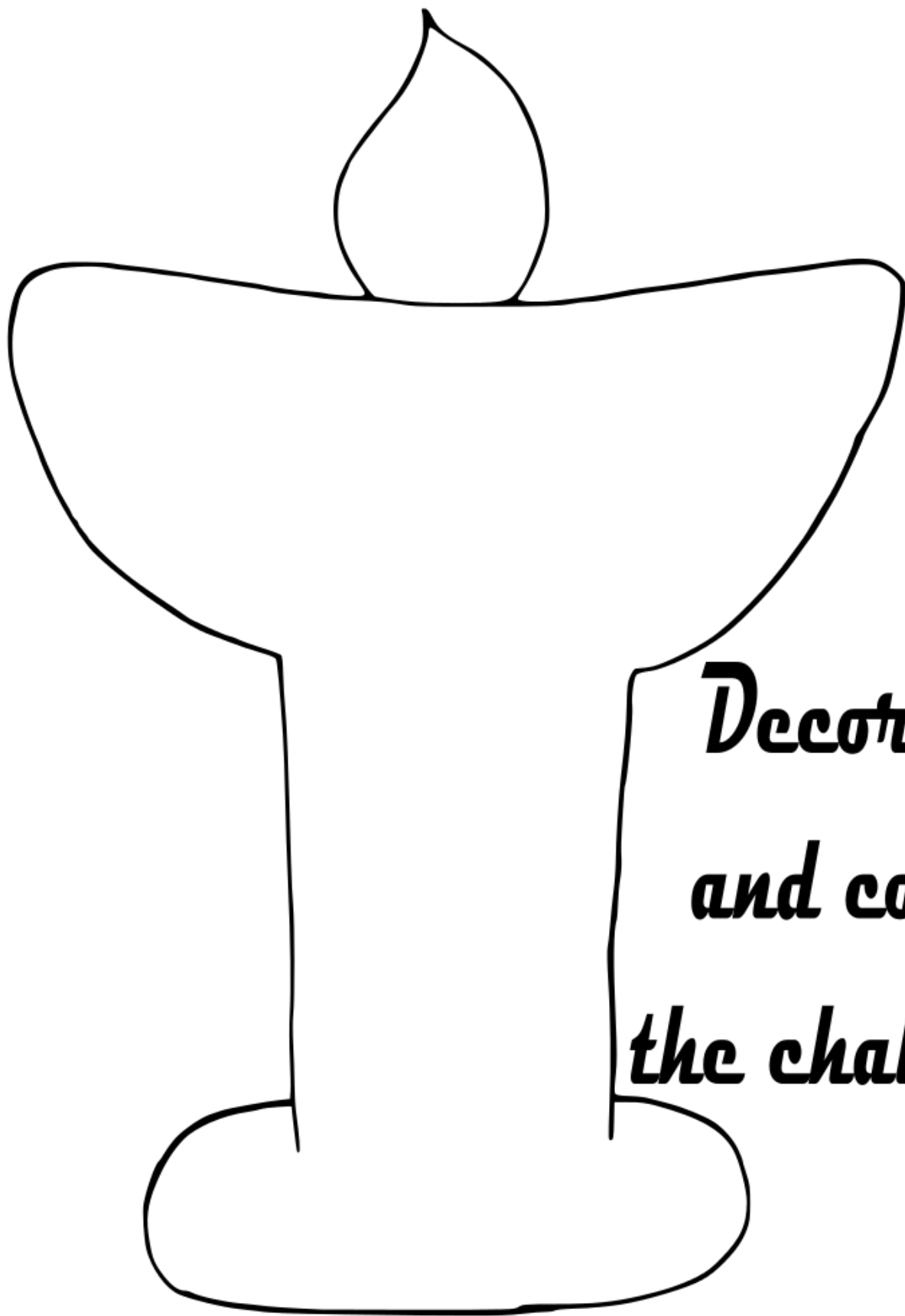
**KIDS: Color "Alice the Chalice"
and draw her a flame!**



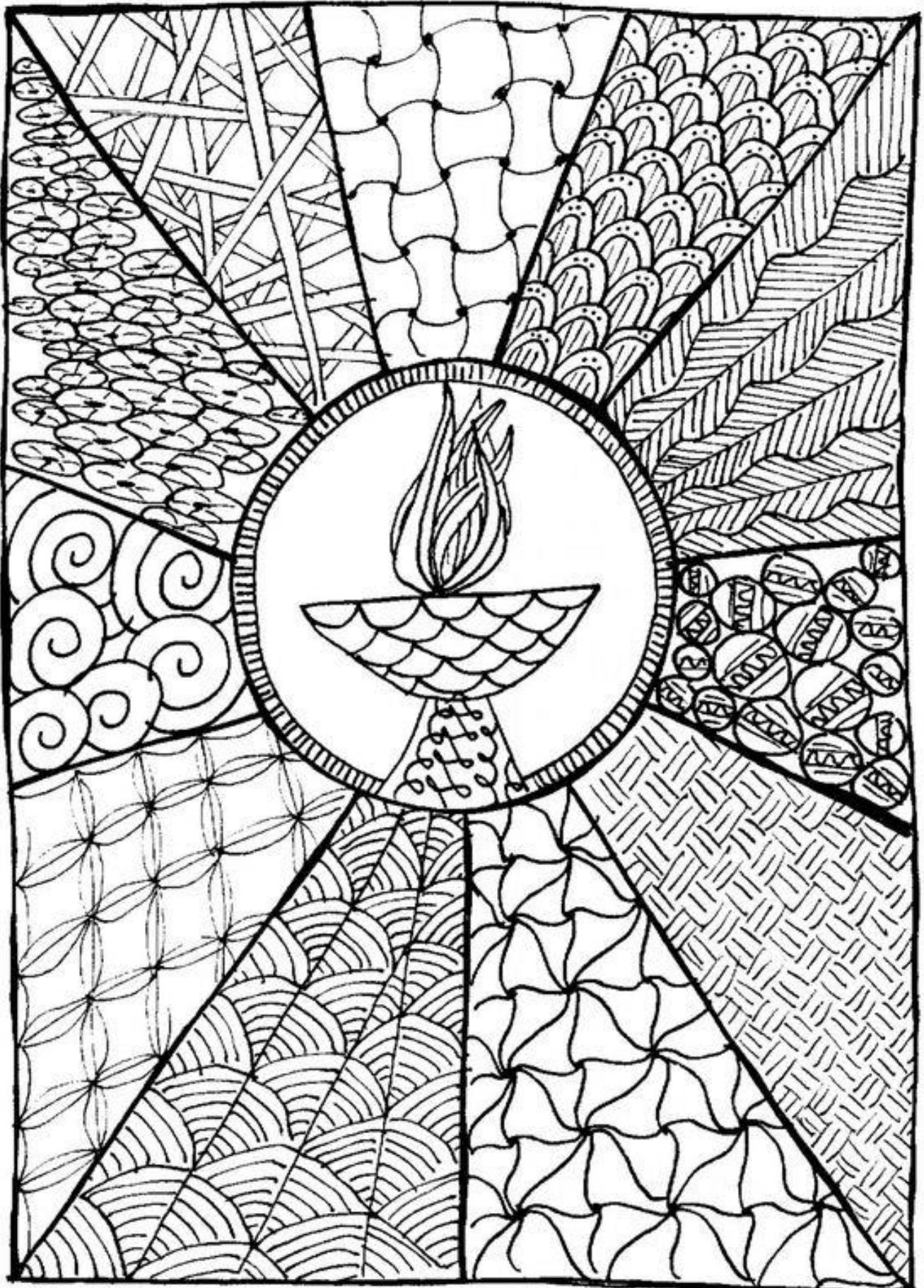
"Alice the Chalice" Copyright 2004 Peter Bowden



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***Decorate
and color
the chalice***



ell 2015



APPENDIX III. 2020-2021 SUNDAY SCHOOL & YOUTH GROUP SCHEDULE

1ST SUNDAYS @ 10:30 A.M.

PreK-1st Grade—Story & Song

<https://zoom.us/j/92777181330>

2nd Grade and up—Special Guest

<https://us02web.zoom.us/j/86558123983>

2ND SUNDAYS @ 10:30 A.M.

PreK-1st Grade—Story & Song

<https://us02web.zoom.us/j/87288152140>

with Suzanne LeBeau & Susie Wilcox

2nd-4th Grade—Tools of Faith & Minecraft

<https://zoom.us/j/94518102020>

with Marguerite Mills & Christopher Cotton

5th-8th Grade—ChUrchCraft & Minecraft

<https://zoom.us/j/98572464291>

with Chas Sisk & Jason Plummer

3RD SUNDAYS @ 10:30 A.M.

All Ages—Family Games

<https://us02web.zoom.us/j/89770398199>

with Christopher Cotton, Colin Guerrette, & Jason Plummer

4TH SUNDAYS @ 10:30 A.M.

PreK-1st Grade—Story & Song

<https://us02web.zoom.us/j/85217697987>

with Suzanne LeBeau & Susie Wilcox

2nd-4th Grade—Tools of Faith & Minecraft

<https://zoom.us/j/94398891671>

with Marguerite Mills & Christopher Cotton

5th-8th Grade—ChUrchCraft & Minecraft

<https://zoom.us/j/92332008761>

with Chas Sisk & Jason Plummer

5TH SUNDAYS @ 10:30 A.M.

All Ages—Story & Song

Nov 29, 2020:

<https://us02web.zoom.us/j/81465722239>

Jan 31, 2021:

<https://us02web.zoom.us/j/86352116223>

with Marguerite Mills & Harmon Nine

SUNDAYS @ 11:30 A.M.

Youth Group (9th-12th grades)

<https://zoom.us/j/94148119890?pwd=L1FYQXh0emp2TzJNUTZsWWxxZkt2Zz09>

with Shannon Hayes, Elizabeth Leiserson, Holly Mueller
