

# FUUN FOR ALL AGES—CONNECTION WITHOUT ZOOM

24 January 2021

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Dear All:

This Sunday, we engage in the sacred practice that is our Congregational Meeting. This one carries extra weight as we have the opportunity to vote to adopt the Eighth Principle. If you don't yet know much about it, I encourage you to look at the [8<sup>th</sup> Principle website](#), and our own [Beloved Community Committee](#) has much information on the FUUN website. Additionally, the Beloved Community Committee will shortly start this year's [Living the Pledge to End Racism](#) program, in which I encourage you to consider participating.

Meanwhile, this Sunday's Zoom gatherings are:

10:30 a.m.

No classes for preK-8<sup>th</sup> grade so that families may attend the congregational meeting together. The materials in this packet can enrich that experience, and they may make it easier, too.

11:30 a.m.

Youth Group—9<sup>th</sup>-12<sup>th</sup> Graders  
Cooking with croissants.

<https://zoom.us/j/94148119890?pwd=L1FYQXh0emp2TzJNUTZsWWxxZkt2Zz09>

And a special note about next week: January 31 is a fifth Sunday, during which we typically offer reduced programming, but we will take advantage of the fact that we did not have our three age-specific classes this week to offer them next week. See the [notation in red](#) on page 26.

*Please stay in touch.* If you have questions, suggestions, concerns, anything at all... I would truly love to hear from you.

Blessings.

*Marguerite*

Marguerite Mills

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24 January 2021

## **Eighth Principle**

### *Mid-Year Congregational Meeting*

We, the member congregations of the Unitarian Universalist Association, covenant to affirm and promote journeying toward spiritual wholeness by working to build a diverse multicultural Beloved Community by our actions that accountably dismantle racism and other oppressions in ourselves and our institutions.

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## INTRODUCTION

This week is all about our 5<sup>th</sup> [Principle](#), our commitment as Unitarian Universalists to the democratic process. There are no Sunday school classes for preK-8<sup>th</sup> grade because, instead, we have our mid-year annual meeting. Youth Group *will* meet at 11:30 as the time does not conflict with that of the annual meeting.) The annual meeting is also religious education, for all ages. I encourage families to attend together.

Print some coloring and activity pages to help children focus during the meeting (just as knitting or doodling helps some of us remain focused). Use some of the materials here to talk about why the democratic process is a core tenet of Unitarian Universalism. Use these resources now, or during the meeting, or at any time you have time.

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I am drawing on the materials of the 2021 [30 Days of Love](#) from the Unitarian Universalist Association's [Side With Love](#) campaign for the next four weeks. The campaign itself draws from the [Widening the Circle of Concern](#) report. There will be a weekly theme with a menu of do-it-yourself activities in the following categories:

**WATCH:** Videos, concerts, and roundtable discussion

**READ:** Articles, book excerpts, poems

**LISTEN:** Music, meditation, lectures, poetry

**WORSHIP:** Worship moments—alone or together—to refuel

**PARTICIPATE:** Artist workshops, writings, and actions

There will be menus for general, kids, youth, and multigenerational/family audiences. Use one or all of the menus, or pick and choose from each!

Be sure to follow the campaign on [Facebook](#) for livestreams, discussion posts, and other updates!

NOTE: General Participate events require pre-registration to participate. Most will also be livestreamed on the Side With Love Facebook page, but not all, depending on copyright and/or creator request.

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Additionally, and as always, I will include coloring pages and such that you may use as you wish.

(Hint: Print them out to keep the kids busy and engaged during the worship service. Or if you have no knitting to do at the moment, use them yourself!)

## 30 DAYS OF LOVE : WEEK II—Hospitality and Inclusion

### GENERAL

**WATCH:** [“everything is still on fire”](#) by Rev. Theresa I. Soto

**READ:** [“To Invoke Love”](#) by Sean Parker Dennison

**LISTEN:** Finding Our Way, [Ep 1 with Sonya Renee Taylor](#)

**WORSHIP:** ["God Calls Us To Love"](#) offered by Rev. Summer Albayati

### PARTICIPATE:

- Jan 26 @ 7pm ET / 4pm PT: [Conversation with Zach Norris](#), author of *Defund Fear: Safety Without Policing, Prisons, and Punishment* (Beacon Press). Zach Norris is the executive director of the Ella Baker Center for Human Rights, which creates campaigns related to civic engagement, violence prevention, juvenile justice, and police brutality, with a goal of shifting economic resources away from prisons and punishment and towards economic opportunity. He is also the cofounder of Restore Oakland and Justice for Families, both of which focus on the power of community action.
  - [Register for Zoom](#) / [watch on Facebook](#).
- Jan 28 @ 7pm ET / 4pm PT: [What We’ve Lost: Writing About Grief in the Time of COVID](#) (90 minutes). In this creative writing workshop, we will reflect on the deep emotions of 2020, writing through themes of grief and mourning experienced through the last year. Whether you lost a loved one or whether you feel a sense of mourning for the life you lived and the connections you had before the pandemic began, you will have the chance to write about these feelings of loss in a creative and supportive environment. Led by Willona Sloan, Strategic Storyteller & Literary Host - [willonasloan.com](#).

**NOTE: This is an interactive Zoom workshop with a participation limit of 40 people.** We will open the Zoom at two minutes before start. Once we hit capacity, you can participate via the livestream but will not experience the interactive element with the instructor.

- [Register for Zoom](#) / [watch on Facebook](#)

### KIDS

*Theme: We all deserve to be accepted, included, and loved exactly as we are.*

**WATCH:** *Ian*, a short film about playground inclusion (10 min)

**READ:** *Julián Is a Mermaid* with Drag Queen Story Hour (5 min)

**LISTEN:** The Imagine Neighborhood Podcast, [“Macho is Cyberbullied”](#) (21 min)

**WORSHIP:** [5-Minute LovingKindness Kids Meditation](#) w/ Cory Muscara (5 min)

**PARTICIPATE:** Think of a time when someone was a good friend to you and helped you feel included. What did they do that was so kind? How did it make you feel? Write a letter to them to thank them and send it in the mail. Even if they don't remember, too, they will be happy to know they helped. (10-15 min)

## YOUTH

*Theme: We are learning how to widen our circles of inclusivity together.*

**WATCH:** [How to apologize when called out](#) (8.5 min)

**READ:** [Jillian Mercado on Her Runway Debut and Fighting For the Disabled Community](#) (7 min)

**LISTEN:** [“Is It Time To Say R.I.P. To 'POC'?”](#) (38 min)

**WORSHIP:** Read this poem aloud. Spend a few minutes in silence, thinking about what you read. Now, read it again and notice anything new. [“We Are Not Responsible”](#) by Harryette Mullen (10 min)

**PARTICIPATE:** Journal, create art, or talk to a trusted friend about a time when you felt not only included and accepted, but that your presence mattered and was celebrated. What made the difference? How could you tell that you were valued exactly as you are? (10 min - 1 hr)

## FAMILY / MULTIGENERATIONAL

*Theme: There is room for everyone in the Beloved Community.*

**WATCH:** [The Name Jar](#) by Yangsook Choi (20 min)

**READ:** Read along: Lupita Nyong'o reads her book [Sulwe](#) (11 min)

**LISTEN:** [“What’s Your Name”](#) with Alphabet Rockers | Anti-Racism Music for Kids & Families (2.5 min)

**WORSHIP:** Read or watch [“Tiny the God”](#) by Becky Brooks (5 min)

**PARTICIPATE:** What is the story and meaning of your name? Draw a poster that tells this story. Perhaps you'll want to write your name in big letters and think of a positive word that begins with each letter of your name. (10 min)

## The Talking Stick

*A retelling of a Sioux legend.*

From [Tapestry of Faith: Love Surrounds Us](#): A Program on the UU Principles and Beloved Community for Grades K-1

This story was given to the native people many winters ago. When it was time for all of the young mothers in the village to go out to gather fruit and berries, the old grandmothers, whose legs could no longer walk quickly, were left to care for the young children of the village. The young mothers honored the grandmothers by giving them this great responsibility.

It is believed that young children have many dreams and visions to collect before they are grown. With the grandmothers close by, all the children took naps in the warmth of a darkened lodge before Sun had traveled his full path each day. On one of these days while the young children slept, Crow and Magpie, two noisy winged ones, were having a terrible argument outside the lodge of the sleeping children.

"Caaaw-caaaw," screamed Crow. "Kaaack-Kack," yelled Magpie.

They were both speaking at once and they could not hear each other's point of view on the subject of which tree belonged to which bird.

One of the grandmothers went to quiet the voices outside so they would not wake the children. She tried to scare the birds away. When she could not get the attention of the screaming Crow or yelling Magpie, she called on Eagle for help. Eagle, the great winged one, was a sacred bird for both the native people and all the other animals of the earth. He was also full of much wisdom and everyone looked to him to help them with their problems.

"Oh, brother Eagle, can you chase off these two noisy ones so our children can dream?" asked the grandmother.

With a mighty flap of his wings, Eagle sailed towards the noisy pair. He gave a call of warning to the Crow and Magpie as he came close, but they were so busy fighting they did not even hear him. When Eagle saw this he yelled louder and came closer, and that is when it happened.

"Caaaw-caaaw, Caaaw-caaaw," Crow screamed as he flapped his wings in the air so hard he nearly fell off his perch. "Kaaack-Kack," yelled Magpie as his wings too flapped up a storm.

Suddenly they both realized that they had flapped their wings so hard without looking at what they were doing, they hit one of Eagle's wings. What is worse, one of the sacred feathers from Eagle fell out and landed on a small branch, suspended above Mother Earth. It was a great offense to touch Eagle, much less cause one of his feathers to come off. Magpie spoke to Eagle.

"Oh, brother Eagle, we did not hear you so near. I am truly sorry for the injury I have caused you."

Now, Crow was surprised to hear such an honorable thing come from the mouth of this rude neighbor. He spoke to Eagle with dignity.

"I have many times been a naughty bird but, brother Eagle, I think this may be the worst I have done in many moons. I am very sorry you have lost a sacred feather."

Crow and Magpie both went to retrieve Eagle's feather and their eyes met and with no words at all they both knew that this mistake would not have happened if they had not been fighting. Magpie took the feather in his beak and spoke.

"I am ashamed, brother Eagle, that my loud talk and harsh words were more important to me than solving our problem."

Crow took the feather from Magpie and said, "We have disturbed the two-legged children and torn from your wing a sacred feather and now we return it to you with a request for your forgiveness."

Eagle had watched all this with wise eyes and an open heart. He knew the lesson of listening had been learned by his little brothers and he saw that the grandmother looked on with learning eyes also.

So he said to Crow and Magpie, "Give my feather and the branch it rests on to the grandmother. Grandmother, connect to my sacred feather to the branch. Dress the branch with beads and leather and fur to make it even more beautiful. Keep it in your lodge and teach others to create this fine looking stick."

Eagle said, "We will call this sacred item a Talking Stick. Tell all the people that when they come together at any gathering where ears might be shut, to bring out the Talking Stick and let only the holder speak. This will be done in an honorable manner letting everyone have his say. Pass the stick until all have spoken. Then a vote can be taken and the side who gathers the most votes will make the final decision," said Eagle.

Grandmother gathered up the branch and the feather. She was very honored to have learned this lesson and every grandmother from that day on has told this story and helped the young ones to make Talking Sticks.

## **Babies in the River**

*From [Tapestry of Faith: Heeding the Call](#): A Program on Justicemaking for Junior High School Youth*

Once upon a time, there was a small village on the edge of a river. Life in the village was busy. There were people growing food and people teaching the children to make blankets and people making meals.

One day a villager took a break from harvesting food and noticed a baby floating down the river toward the village. She couldn't believe her eyes! She heard crying in the distance and looked downstream to see that two babies had already floated by the village. She looked around at the other villagers working nearby. "Does anyone else see that baby?" she asked.

One villager heard the woman, but continued working. "Yes!" yelled a man who had been making soup.

"Oh, this is terrible!" A woman who had been building a campfire shouted, "Look, there are even more upstream!" Indeed, there were three more babies coming around the bend.

"How long have these babies been floating by?" asked another villager. No one knew for sure, but some people thought they might have seen something in the river earlier. They were busy at the time and did not have time to investigate.

They quickly organized themselves to rescue the babies. Watchtowers were built on both sides of the shore and swimmers were coordinated to maintain shifts of rescue teams that maintained 24-hour surveillance of the river. Ziplines with baskets attached were stretched across the river to get even more babies to safety quickly.

The number of babies floating down the river only seemed to increase. The villagers built orphanages and they taught even more children to make blankets and they increased the amount of food they grew to keep the babies housed, warm and fed. Life in the village carried on.

Then one day at a meeting of the Village Council, a villager asked, "But where are all these babies coming from?"

"No one knows," said another villager. "But I say we organize a team to go upstream and find how who's throwing these babies in the river."

Not everyone was in agreement. "But we need people to help us pull the babies out of the river," said one villager. "That's right!" said another villager. "And who will be here to cook for them and look after them if a bunch of people go upstream?"

The Council chose to let the village decide. If you were a villager, what would your vote be? Do you send a team upstream?



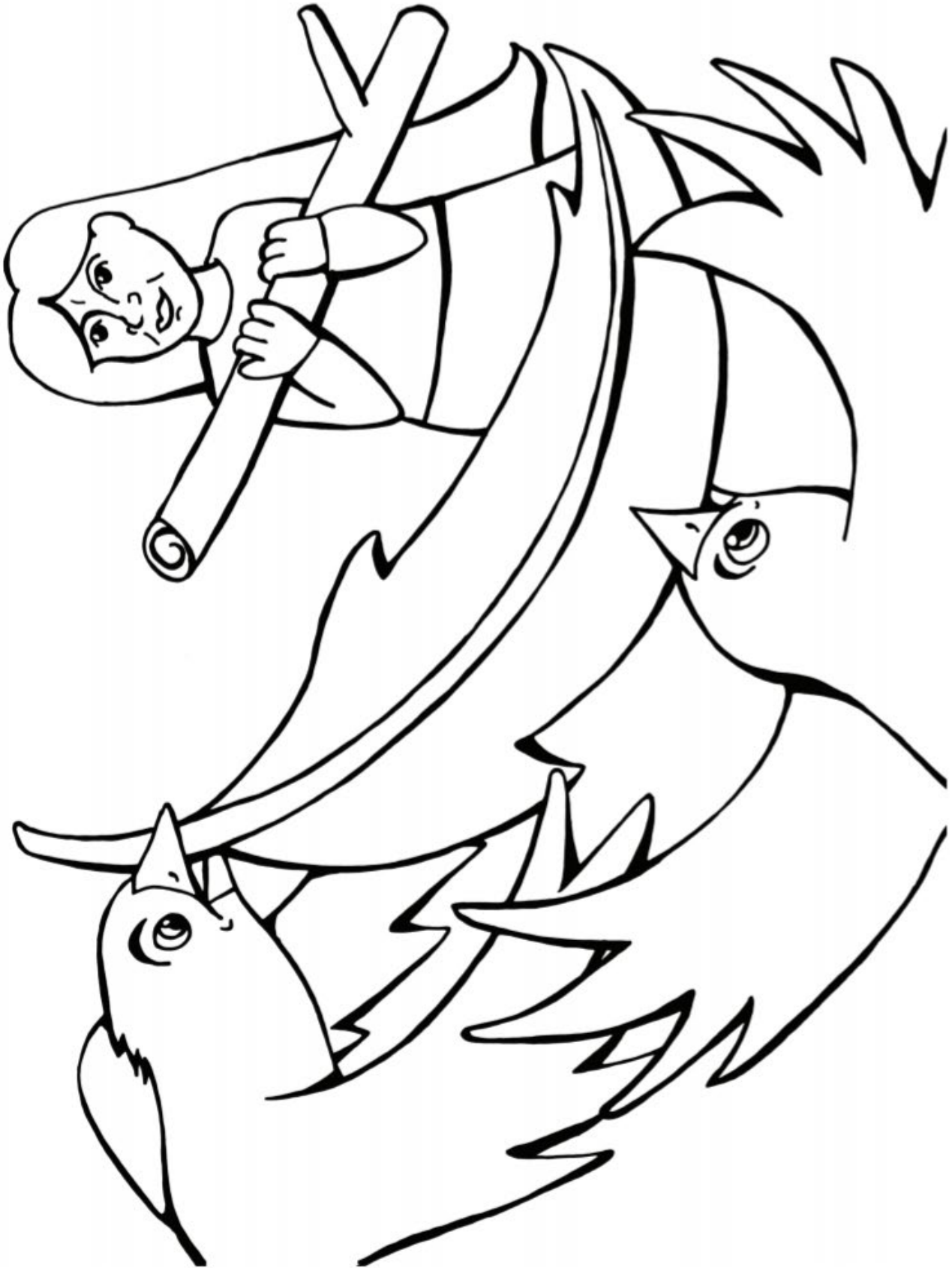
## Activities

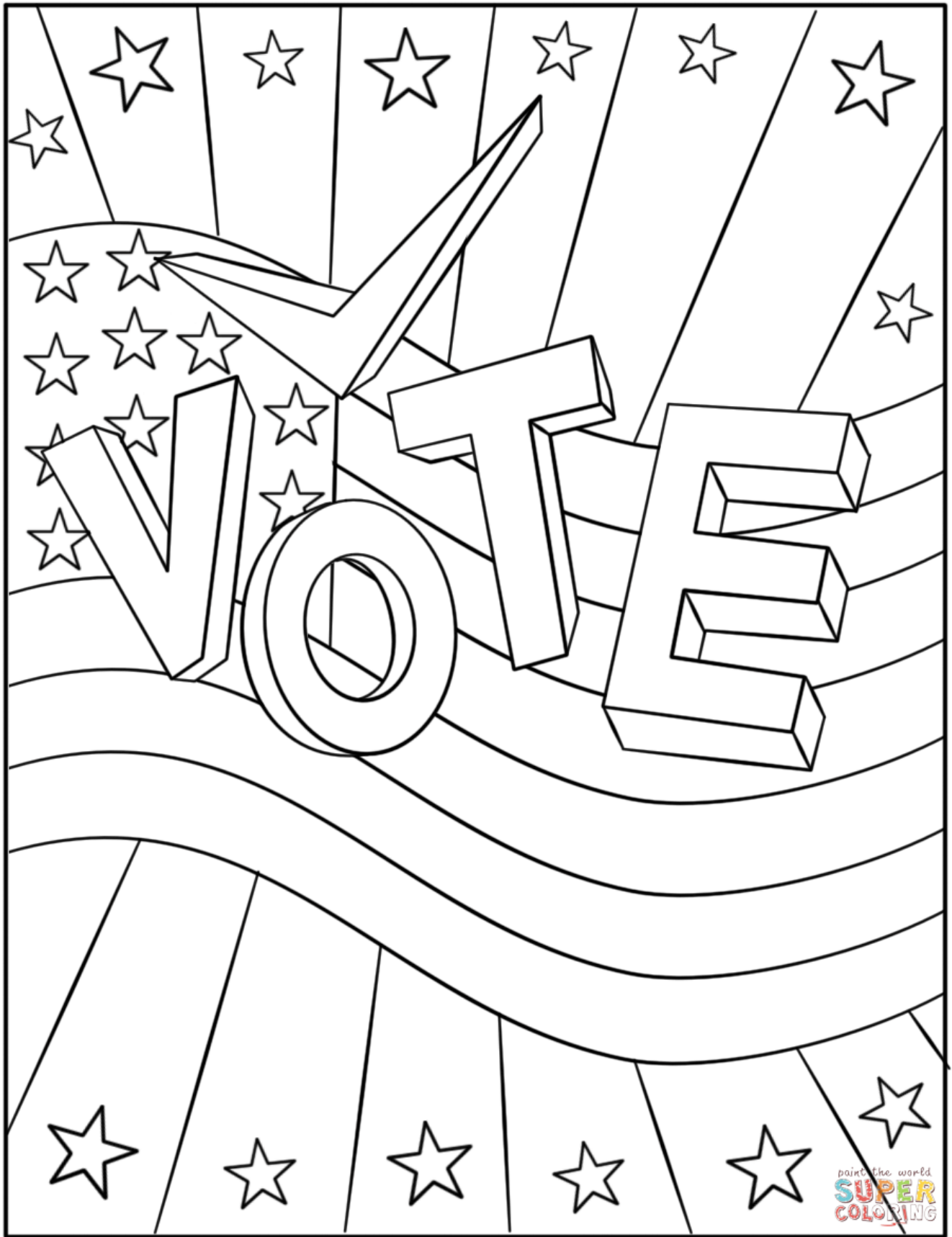
See [FUUN For All Ages—25 Oct 2020](#) for a plethora of activities including worksheets about women’s suffrage, the first and fourth amendments, what you would do if you were president, a template for making your own campaign buttons, and word games.

Color online:

<http://www.supercoloring.com/coloring-pages/election-day>

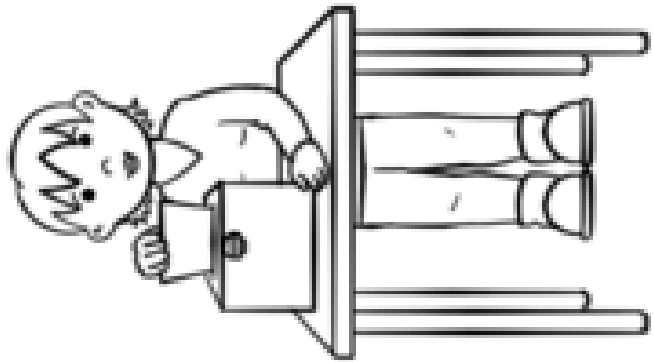
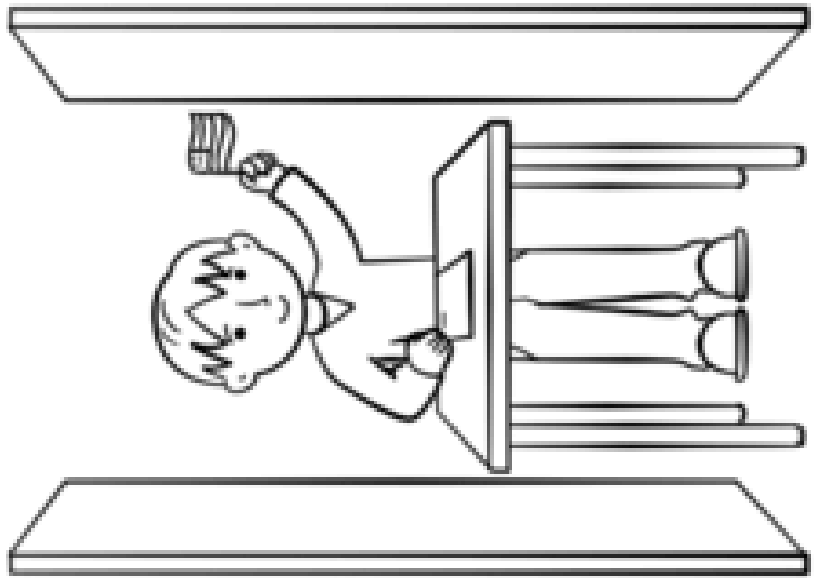
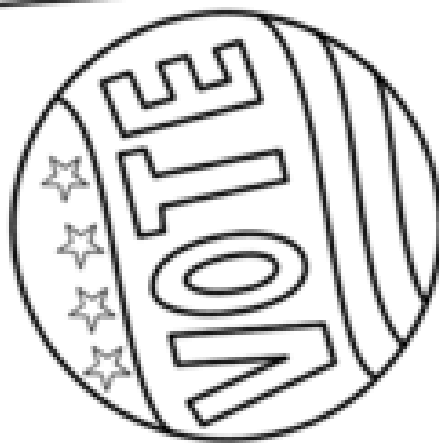
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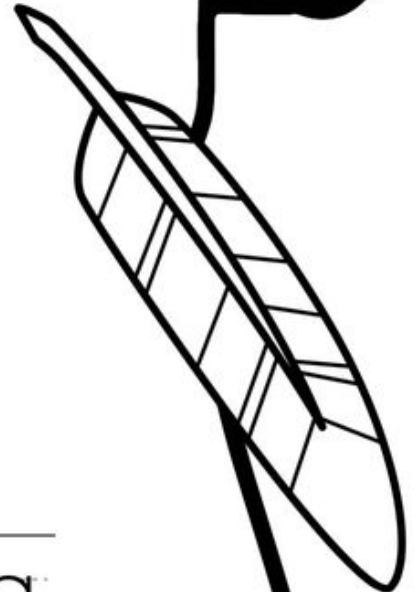


paint the world  
**SUPER**  
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ELECTION DAY

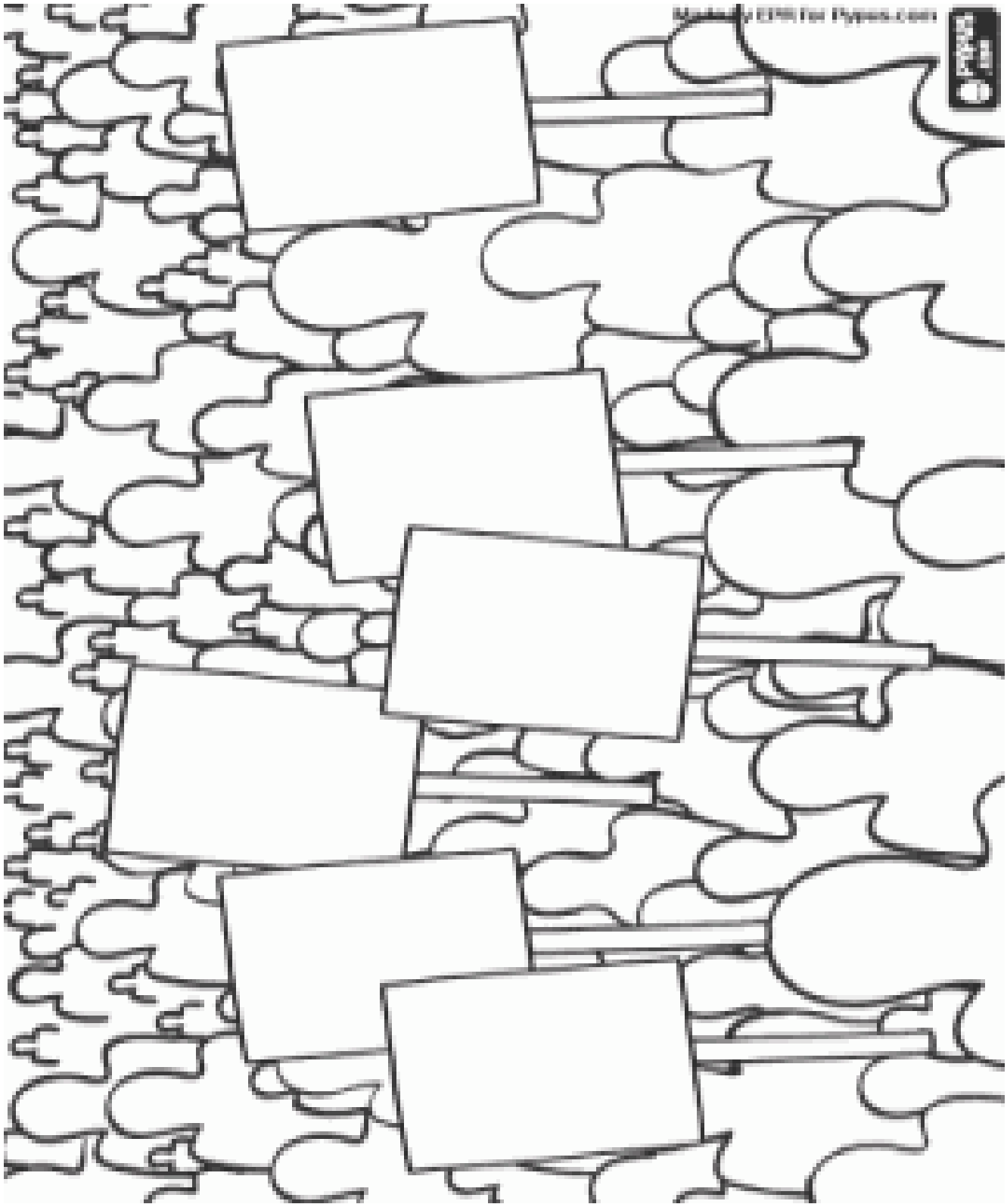


We the People



I can be a  
good citizen  
by

sign here



More by ERM for Typeset.com



## APPENDIX I. PRINCIPLES & SOURCES

### The Rainbow Principles

*Chorus*

*We are all the colors of the rainbow*

*Each of us unique yet united as a whole*

*Every single you a blessed individual*

*Together we live these rainbow principles*

RED!

Stands for respecting other people

ORANGE!

Offering fair and kind treatment

YELLOW!

Puts the yearning in your learning

GREEN!

Grow in your search for truth & meaning

*Chorus*

BLUE!

Believe in what you are achieving

INDIGO!

Insist on freedom, love, and peace

VIOLET!

Value the web that does not cease

*Chorus*

*(This is also a [song by Mindy Simmons](#) that your kids may already know.)*

### The Seven Principles \*

*We the member congregations of the Unitarian Universalist Association, covenant to affirm and promote:*

1. The inherent worth and dignity of every person;
2. Justice, equity, and compassion in human relations;
3. Acceptance of one another and encouragement to spiritual growth in our congregations;
4. A free and responsible search for truth and meaning;
5. The right of conscience and the use of the democratic process within our congregations and in society at large;
6. The goal of world community with peace, liberty, and justice for all;
7. Respect for the interdependent web of all existence of which we are a part.

*\* There is an 8<sup>th</sup> Principle currently being considered:*

8. Journeying toward spiritual wholeness by working to build a diverse multicultural Beloved Community by our actions that accountably dismantle racism and other oppressions in ourselves and our institutions.

## CHILDREN'S SOURCES

*Our values come from many sources:*

- ∞ The sense of wonder that we all share;
- ∞ Women and men of long ago and today whose lives remind us to be kind and fair;
- ∞ Ethical and spiritual wisdom from the world's religions;
- ∞ Jewish and Christian teachings that tell us to love others as we love ourselves;
- ∞ The use of reason and discoveries of science;
- ∞ The harmony of nature and the sacred circle of life.

## SIX SOURCES

*The living tradition which we share draws from many sources:*

- ∞ Direct experience of that transcending mystery and wonder, affirmed in all cultures, which moves us to a renewal of the spirit and an openness to the forces which create and uphold life;
- ∞ Words and deeds of prophetic people which challenge us to confront powers and structures of evil with justice, compassion, and the transforming power of love;
- ∞ Wisdom from the world's religions which inspires us in our ethical and spiritual life;
- ∞ Jewish and Christian teachings which call us to respond to God's love by loving our neighbors as ourselves;
- ∞ Humanist teachings which counsel us to heed the guidance of reason and the results of science, and warn us against idolatries of the mind and spirit.
- ∞ Spiritual teachings of earth-centered traditions which celebrate the sacred circle of life and instruct us to live in harmony with the rhythms of nature



## APPENDIX II. CHALICES, CHALICES, CHALICES

### Make your own chalice



#### Materials:

- Small clay flowerpot with detached saucers
- Embellishments: markers, paint, stickers, ribbon, whatever you like
- Tea light
- Glue gun, optional

#### Instructions

- Decorate the pot and saucer as you like
- Turn the flowerpot upside down and place the saucer on top (see picture)
- If you wish, glue the saucer to the pot
- Place the tea light in the saucer

Then light your chalice and say some words, and don't forget to extinguish it. You might use a chalice lighting and a chalice extinguishing from the following two pages. Or on the page after that, you might write your own!

## SELECTED CHALICE LIGHTINGS

### **A Child's Chalice Lighting of Gratitude for the Earth**

*By Karen G. Johnston*

What if when  
I light the chalice,  
you hear an invitation  
to welcome gratitude  
for the earth?

This week, as I got ready to light the chalice,  
my family talked about blessings  
from this planet.

Here is my list:  
*[list 3-7 things]*

And now, with this flame of hope  
shedding light in your heart:  
what is *your* list?

### **Welcoming the Stranger**

*By Tracy Bleakney*

A child journeys far from home  
Fearful and brave,  
in need of safe harbor.  
Guided by this chalice, may we seek to understand the causes of flight.  
Like the comfort of a candle flickering in a window of darkness,  
Let us welcome this child into our home with  
warmth, nourishment, and love.  
Would we not want the same for our own child,  
lost and alone in a strange land?

### **Many of the Past Generation and Many of Today...**

*By Sophia Lyon Fahs*

Many of the past generation and many of today have found three abiding values in prayer: the quiet meditation on life,  
the reaching out toward the universal and the infinite,  
and the courageous facing of one's profoundest wishes.  
Let parents sense and share with their children the glory and mystery of everyday things.  
Let them look with sympathy upon humanity's age-long dilemmas.  
Let no questions be taboo.  
The next generation can ill afford to have the deeper values deleted from the book of life.

## **SELECTED CHALICE EXTINGUISHINGS**

### **As Breath to Song**

*By Becky Laurent, adapted*

As flame is to spirit, so spirit is to breath, and breath to song. Though we extinguish this flame for now, may we tend it in our hearts until we light it again.

### **Daring Vision**

*By Maureen Killoran*

We extinguish this chalice flame,  
daring to carry forward the vision of this free faith,  
that freedom, reason and justice  
will one day prevail in this nation and across the earth.

### **It Becomes More**

*By Amy Zucker Morgenstern*

When we take fire from our chalice, it does not become less.  
It becomes more.  
And so we extinguish our chalice, but we take its light and warmth with us,  
multiplying their power by all of our lives, and sharing it with the world.

# Write your own chalice lighting!

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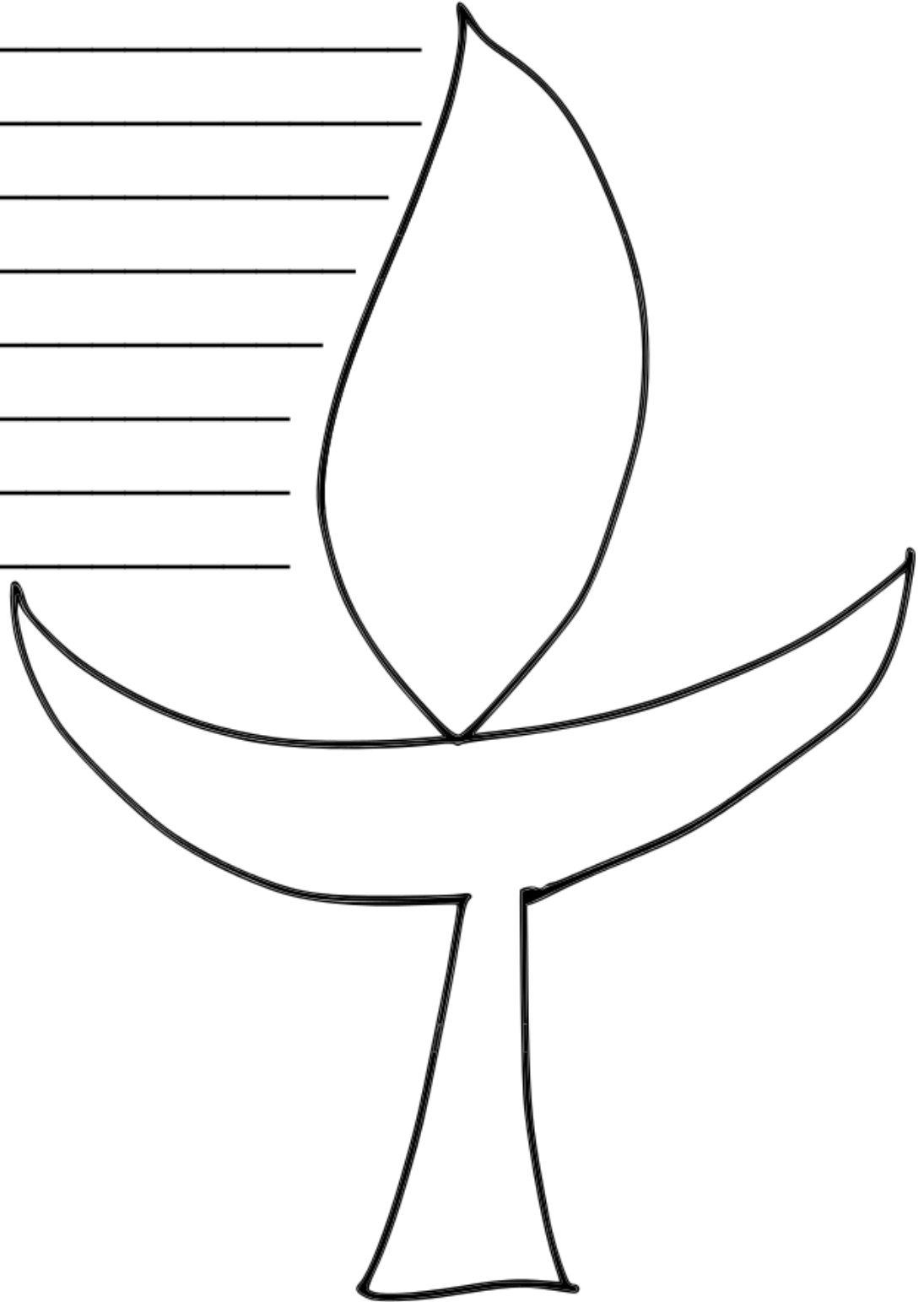
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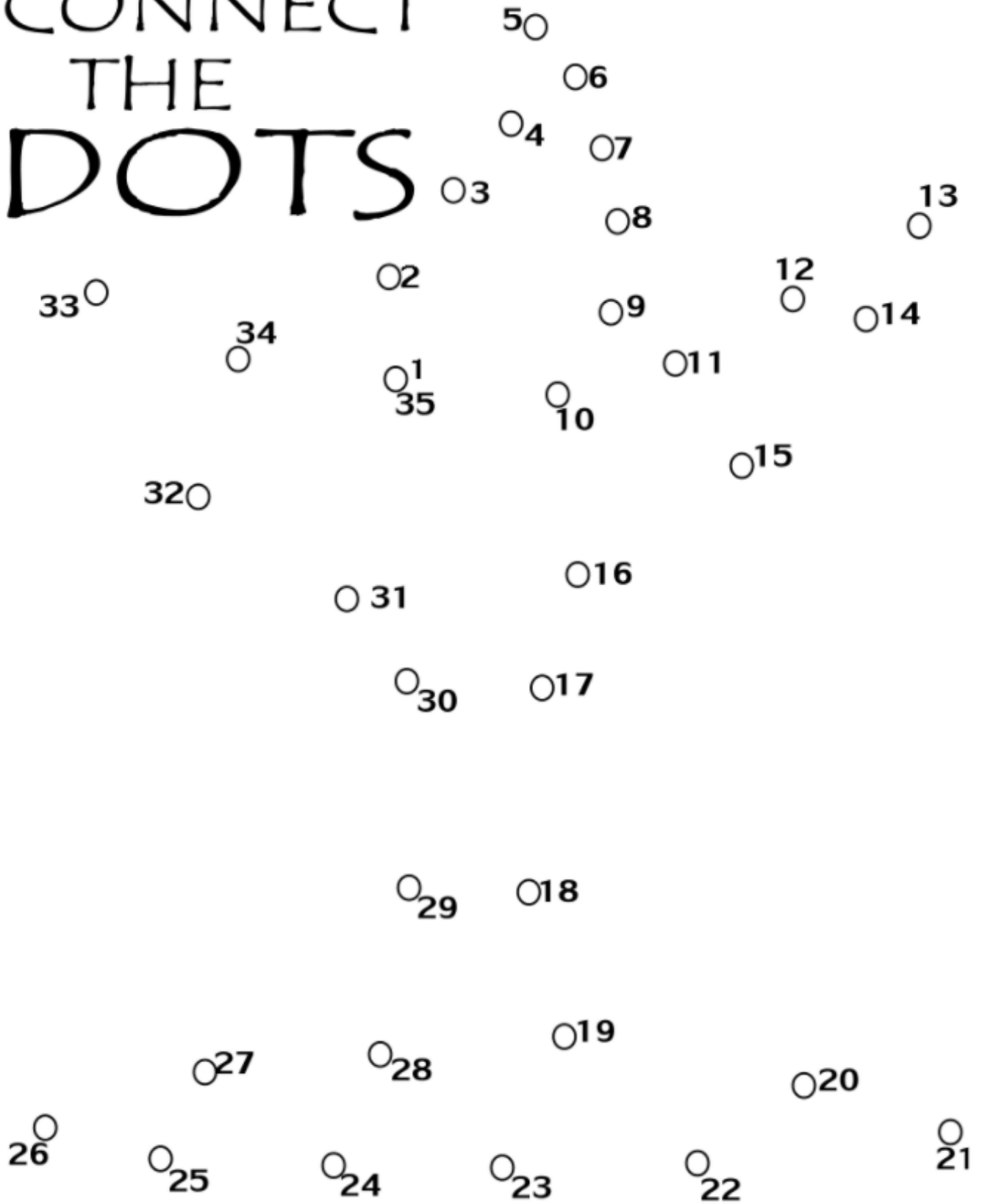
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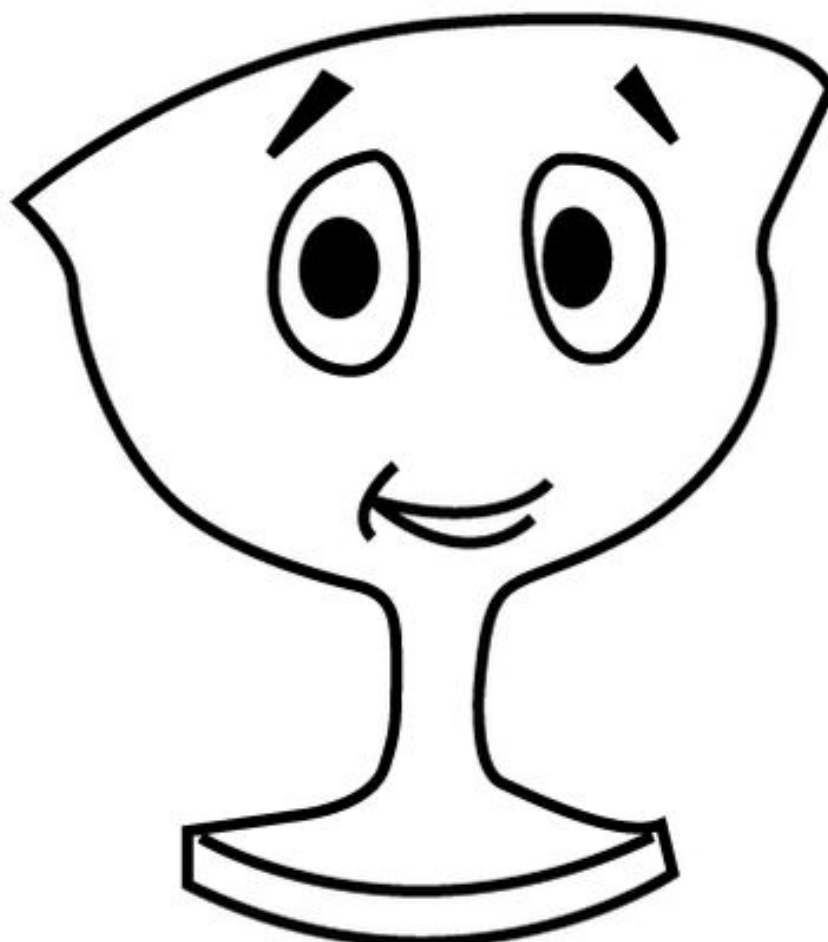


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# CONNECT THE DOTS



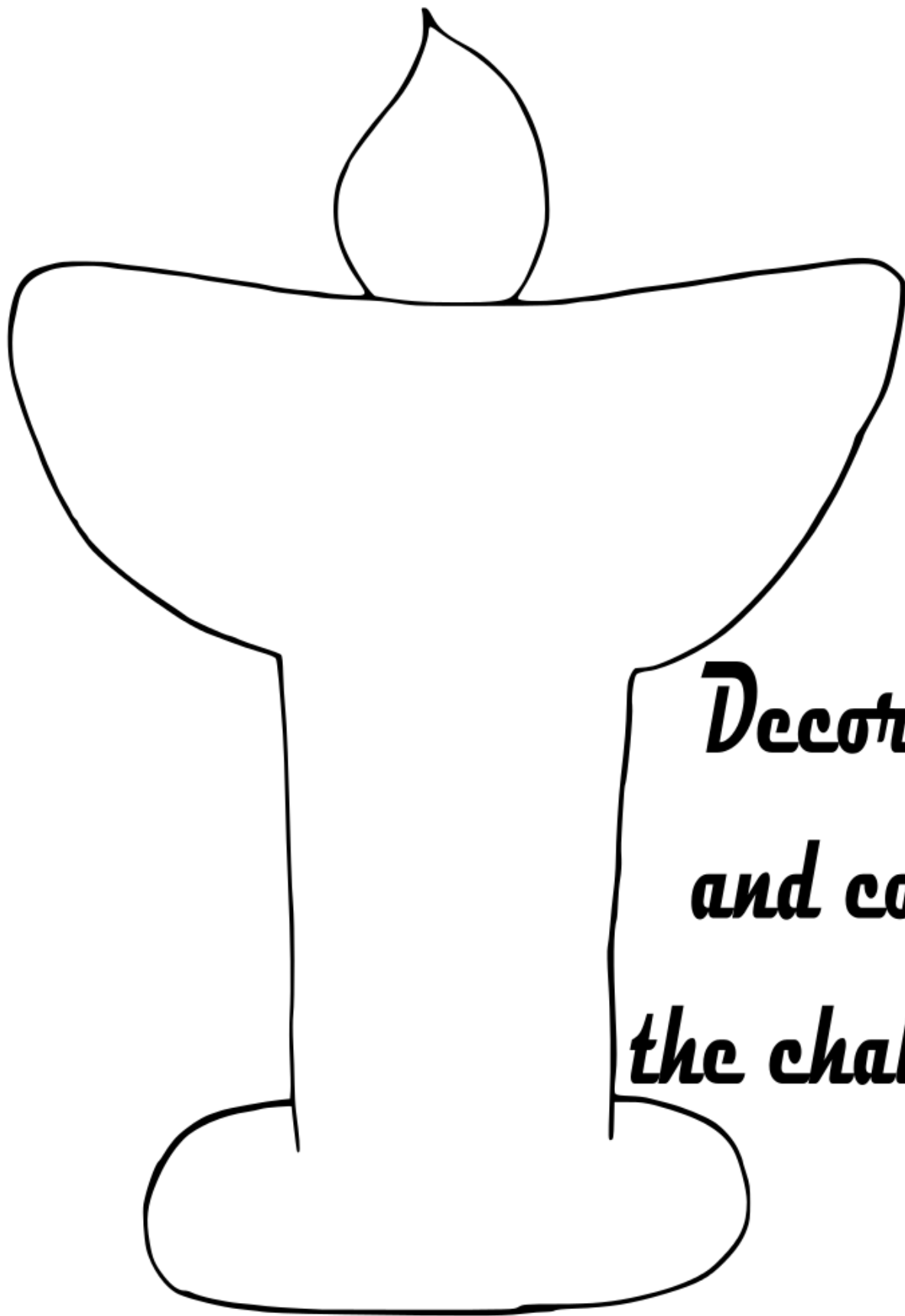
**KIDS: Color "Alice the Chalice"  
and draw her a flame!**



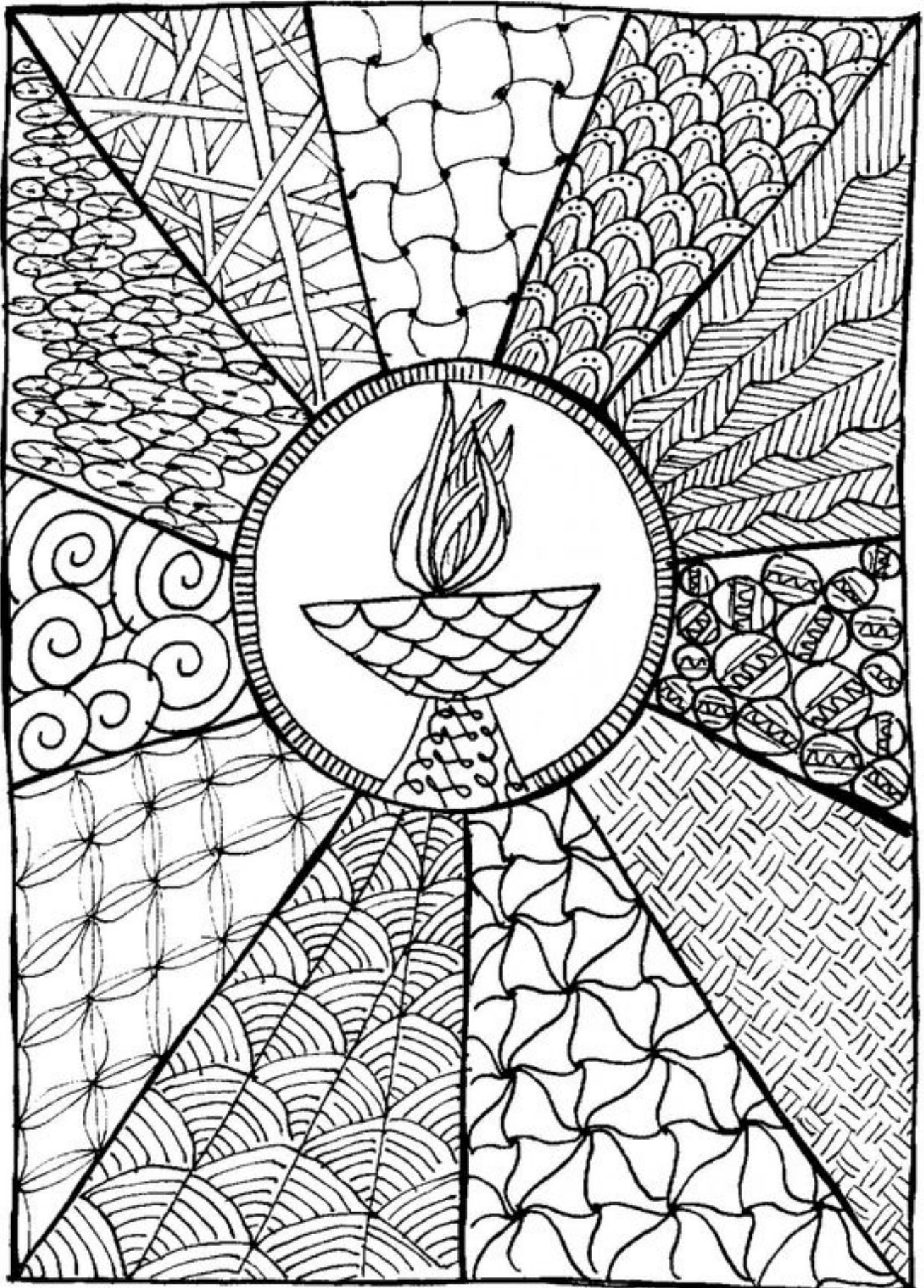
"Alice the Chalice" Copyright 2004 Peter Bowden



"Alice the Chalice" Copyright 2004 Peter Bowden. Permission granted to copy for use as activity pages in Unitarian Universalist church services and religious education programs. For more resources like this one visit [www.UUPLANET.com](http://www.UUPLANET.com).



*Decorate  
and color  
the chalice*



ell 2015





## APPENDIX III. 2020-2021 SUNDAY SCHOOL & YOUTH GROUP SCHEDULE

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### 1<sup>ST</sup> SUNDAYS @ 10:30 A.M.

#### PreK-1<sup>st</sup> Grade—Story & Song

<https://zoom.us/j/92777181330>

#### 2<sup>nd</sup> Grade and up—Special Guest

<https://us02web.zoom.us/j/86558123983>

### 2<sup>ND</sup> SUNDAYS @ 10:30 A.M.

#### PreK-1<sup>st</sup> Grade—Story & Song

<https://us02web.zoom.us/j/87288152140>

with Suzanne LeBeau & Susie Wilcox

#### 2<sup>nd</sup>-4<sup>th</sup> Grade—Tools of Faith & Minecraft

<https://zoom.us/j/94518102020>

with Marguerite Mills & Christopher Cotton

#### 5<sup>th</sup>-8<sup>th</sup> Grade—ChUrchCraft & Minecraft

<https://zoom.us/j/98572464291>

with Chas Sisk & Jason Plummer

### 3<sup>RD</sup> SUNDAYS @ 10:30 A.M.

#### All Ages—Family Games

<https://us02web.zoom.us/j/89770398199>

with Christopher Cotton, Colin Guerrette, & Jason Plummer

### 4<sup>TH</sup> SUNDAYS @ 10:30 A.M.

#### PreK-1<sup>st</sup> Grade—Story & Song

<https://us02web.zoom.us/j/85217697987>

with Suzanne LeBeau & Susie Wilcox

#### 2<sup>nd</sup>-4<sup>th</sup> Grade—Tools of Faith & Minecraft

<https://zoom.us/j/94398891671>

with Marguerite Mills & Christopher Cotton

#### 5<sup>th</sup>-8<sup>th</sup> Grade—ChUrchCraft & Minecraft

<https://zoom.us/j/92332008761>

with Chas Sisk & Jason Plummer

### 5<sup>TH</sup> SUNDAYS @ 10:30 A.M.

#### All Ages—Story & Song

Nov 29, 2020:

<https://us02web.zoom.us/j/81465722239>

#### 4<sup>th</sup> Sunday Schedule

Jan 31, 2021:

see above

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### SUNDAYS @ 11:30 A.M.

#### Youth Group (9<sup>th</sup>-12<sup>th</sup> grades)

<https://zoom.us/j/94148119890?pwd=L1FYQXh0emp2TzJNUTZsWWxxZkt2Zz09>

with Shannon Hayes, Elizabeth Leiserson, Holly Mueller

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