

There will be no Sunday School at 10:30 a.m. on January 24 so that all may attend the mid-year congregational meeting at 10 a.m. You will receive a *FUUN for All Ages—Connection Without Zoom* that week with information about our [5th Principle](#), some of what will take place at the meeting, including a vote as to whether FUUN will adopt the [8th Principle](#), and coloring sheets and such that may better allow your child(ren) to be present during the meeting.

## FUUN FOR ALL AGES—CONNECTION WITHOUT ZOOM

20 December 2020

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Dear All:

These materials can supplement the worship service before, during, and/or after the service. *They can also stand alone and be used at any time you wish.* In this time of so many kinds of fatigue, the hope is that families, children, youth, adults, anyone of any age, alone or as a group... that everyone can have one more way, a way that has nothing to do with Zoom, to stay connected. **This is our single greatest goal right now: To. Stay. Connected.**

Meanwhile, this Sunday's Zoom gatherings are:

10:30 a.m.

All Ages—Family Games

With Colin Guerrette, Christopher Cotton, and Jason Plummer

<https://us02web.zoom.us/j/89770398199>

11:30 a.m.

Youth Group—9<sup>th</sup>-12<sup>th</sup> Graders

With Rev. Diane to begin planning Youth Sunday

<https://zoom.us/j/94148119890?pwd=L1FYQXh0emp2TzJNUTZsWWxxZkt2Zz09>

*Please stay in touch.* If you have questions, suggestions, concerns, anything at all... I would truly love to hear from you.

Blessings.

*Marguerite*

Marguerite Mills

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17 January 2021

## Hey, White Liberal!

Rev. Diane Dowgiert

Martin Luther King's *Letter From Birmingham Jail* was a call-out to the white church, urging white moderates to principled action or risk becoming irrelevant. What have we learned in the years since the civil rights movement?

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## INTRODUCTION

For some quick background on Dr. King's *Letter from Birmingham Jail*, watch [this piece](#) on Vimeo. Some of it is powerful and disturbing, so use discretion when/if sharing with young people.

Relate this history to what Unitarian Universalism is doing today by taking a look at [BLUU](#), the Black Lives of UU website, and at the UUA's Commission on Institutional Change's [Widening the Circle of Concern](#) report.

Ask yourself:

*What would Martin do?*

In today's world, how do we keep the dream alive?

How do we practice nonviolence today?

How do we ensure that we are listening to and following Black leaders?

Are we centering Black voices, and if not, how do we do that?

And come to the Social Hour after the worship service to talk with others about some of these questions!

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I am drawing on the materials of the 2021 [30 Days of Love](#) from the Unitarian Universalist Association's [Side With Love](#) campaign for the next four weeks. There will be a weekly theme with a menu of do-it-yourself activities in the following categories:

**WATCH:** Videos, concerts, and roundtable discussion

**READ:** Articles, book excerpts, poems

**LISTEN:** Music, meditation, lectures, poetry

**WORSHIP:** Worship moments—alone or together—to refuel

**PARTICIPATE:** Artist workshops, writings, and actions

There will be menus for general, kids, youth, and multigenerational/family audiences. Use one or all of the menus, or pick and choose from each!

Be sure to follow the campaign on [Facebook](#) for livestreams, discussion posts, and other updates!

NOTE: General Participate events require pre-registration to participate. Most will also be livestreamed on the Side With Love Facebook page, but not all, depending on copyright and/or creator request.

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Additionally, and as always, I will include coloring pages and such that you may use as you wish.

(Hint: Print them out to keep the kids busy and engaged during the worship service. Or if you have no knitting to do at the moment, use them yourself!)

## 30 DAYS OF LOVE : WEEK I—Living Our Values in the World

### GENERAL

**WATCH:** ["Dragged Kicking and Screaming into Heaven"](#) by Rev. Mark Morrison Reed, 4/19/2015.

**READ:** ["We Are Community"](#) by Elandria Williams in *Becoming*

**LISTEN:** ["We Are Resilient"](#) by Rising Appalachia

**WORSHIP:** Rev. Elizabeth Nguyen reading Elandria Williams' ["We Are Community"](#)

### PARTICIPATE:

Jan 21 @ 12pm ET / 9am PT: [Side With Love Conversation](#) with Everette Thompson, UUA President Rev. Susan Frederick-Gray, UUA Co-Moderator Rev. Meg Riley, UUA Organizing Strategy Team Director Rev. Ashley Horan, and UUA Director of Congregational Life Jessica York. [Register for Zoom](#) / watch on Facebook.

Jan 21 @ 7pm ET: [Conversation with Rabbi Rachel S. Mikva, Ph.D.](#), Herman Schaalman Chair in Jewish Studies, Senior Faculty Fellow, InterReligious Institute and author of *Dangerous Religious Ideas: The Deep Roots of Self-Critical Faith in Judaism, Christianity, and Islam* (Beacon Press) (75 min). [Register for Zoom](#) / watch on Facebook.

### KIDS

*Theme: We can all do our little part to change the world.*

**WATCH:** [Be Kind](#) | A Children's Story about things that matter (7 min)

**READ:** *The Starkeeper* by Faith Pray (8 min)

**LISTEN:** [Art as Activism \(or Artivism\)](#) with The Butterfly Effect (27 min)

**WORSHIP:** Sing Along ["This Little Light of Mine"](#) (2.5 min)

**PARTICIPATE:** "Think of a big problem in your town. Now, think of a couple of small ways you might be able to help make a difference. [Draw a decision rocket to help you decide what action to take.](#) Ask an adult for help and to print out the example in the link." (10-15 min)

## YOUTH

*Theme: Depending on our skills and leadership styles, we all have something to contribute to creating meaningful change.*

**WATCH:** [What is transformative justice?](#) (10.5 min)

**READ:** [“George Gascón Implements Sweeping Changes To Los Angeles District Attorney's Office”](#) (5 min)

**LISTEN:** ["#HereToo: Stories of Youth Activism"](#), S1 Ep. 10 Kylie Vincent interviewed by Elena Sgouros (33 min)

**WORSHIP:** [Spend some time with this music playlist](#), created in memory of Elandria Williams, a recently deceased UU community organizer and former youth leader.

**PARTICIPATE:** "Download the ["Mapping Our Roles in a Social Change Ecosystem"](#) packet and use it to help you and other youth you are connected to get a clearer understanding of your roles in creating change." (30 min - 1 hr)

## FAMILY / MULTIGENERATIONAL

*Theme: Being Unitarian Universalist means that we help create a more just and peaceful world.*

**WATCH:** [Why generational pressure is the key to climate change policy](#) (3 min)

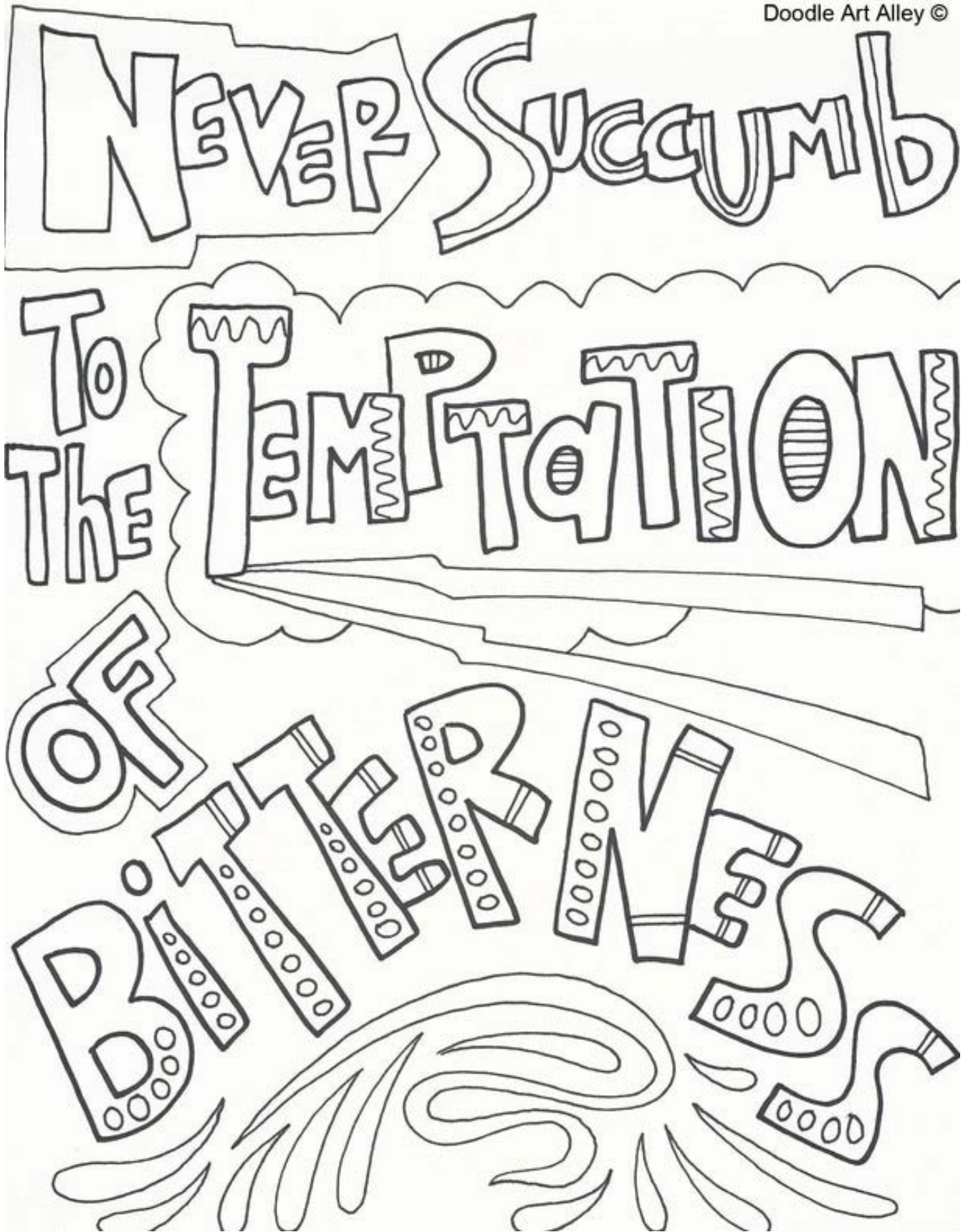
**READ:** Check your local library for any of these [books about kids who work to change the world!](#)

**LISTEN:** [CHANGE THE WORLD with Alphabet Rockers](#) | Anti-Racism Music for Kids & Families (3 min)

**WORSHIP:** View [“Why We Share Joys and Sorrows”](#) by Lauren Wyeth (4.5 min). Then call or video chat with a friends or family members outside of your house and share joys and concerns.

**PARTICIPATE:** [Print out the Black Lives Matter Coloring Book and have a kitchen table coloring party.](#) (15 min - 1 hr)

I have Decided  
To Stick With  
Love. HATE  
is Too Great a  
Burden To Bear



# MARTIN LUTHER KING JR.

JANUARY 15, 1929 - APRIL 4, 1968

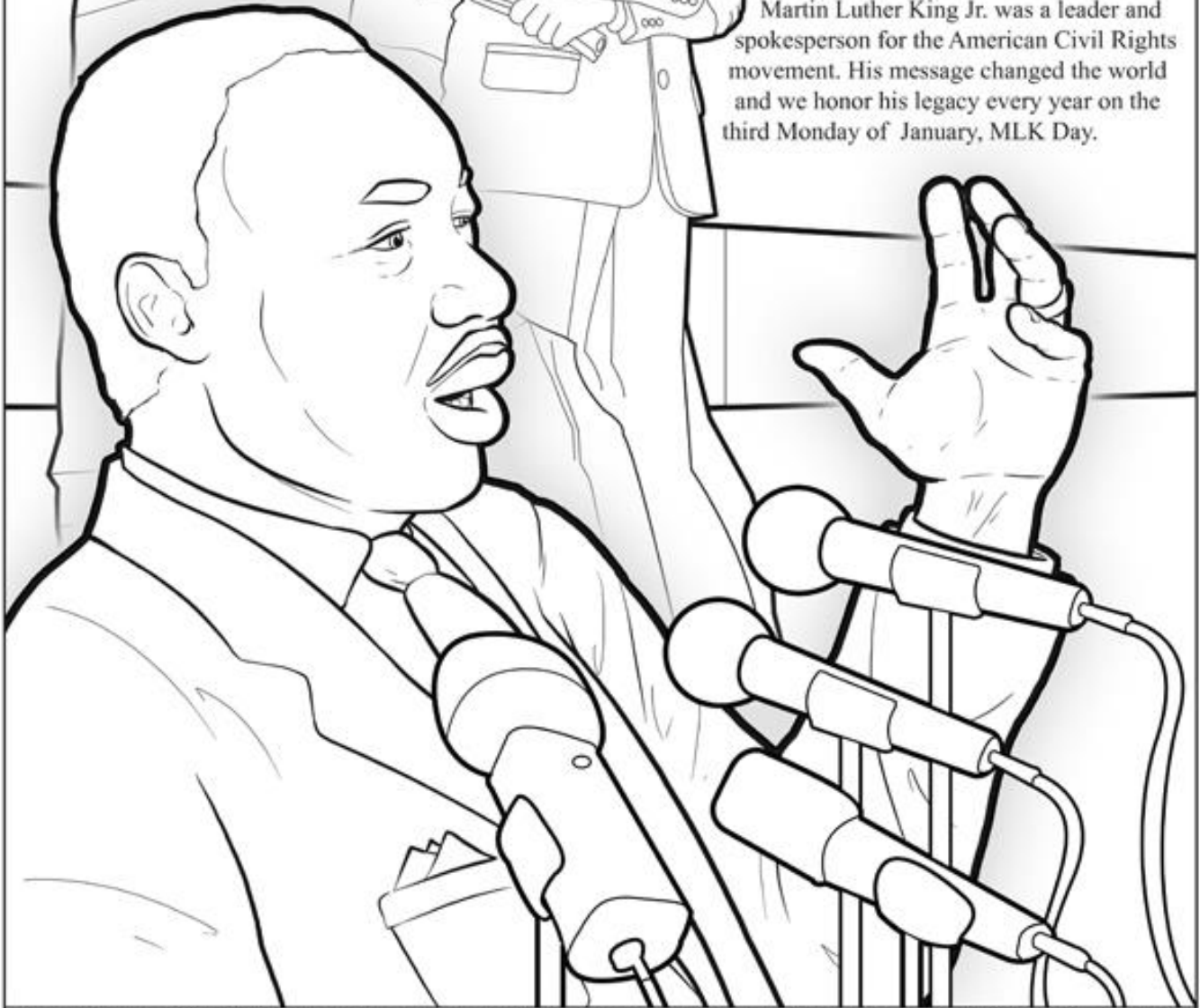


“Injustice **anywhere** is a threat to justice **everywhere.**”

“Hate cannot drive out hate, only **love** can do that.”

“The time is always right to do what is right.”

From 1954 until his death in 1968, Martin Luther King Jr. was a leader and spokesperson for the American Civil Rights movement. His message changed the world and we honor his legacy every year on the third Monday of January, MLK Day.



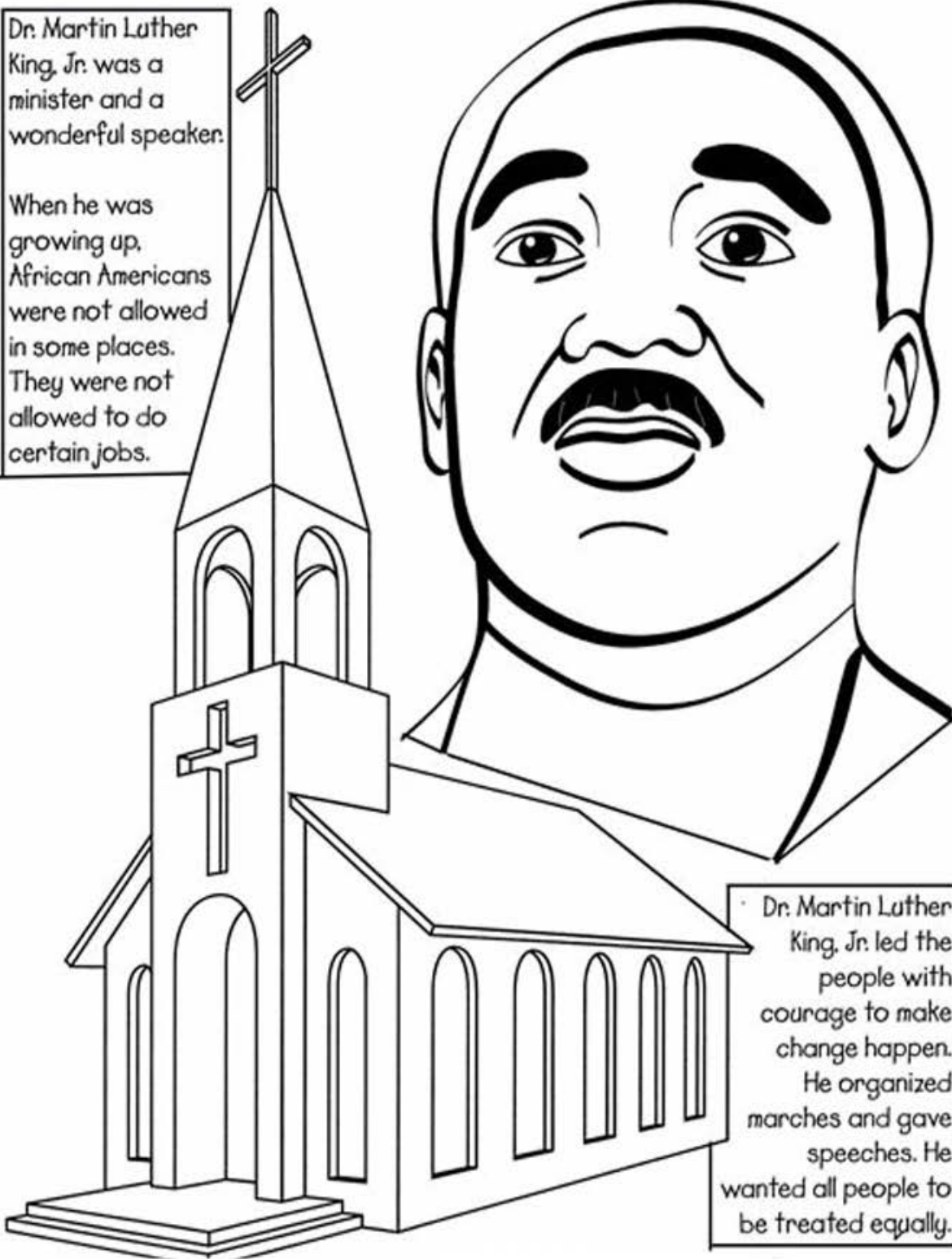
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# Dr. Martin Luther King, Jr.

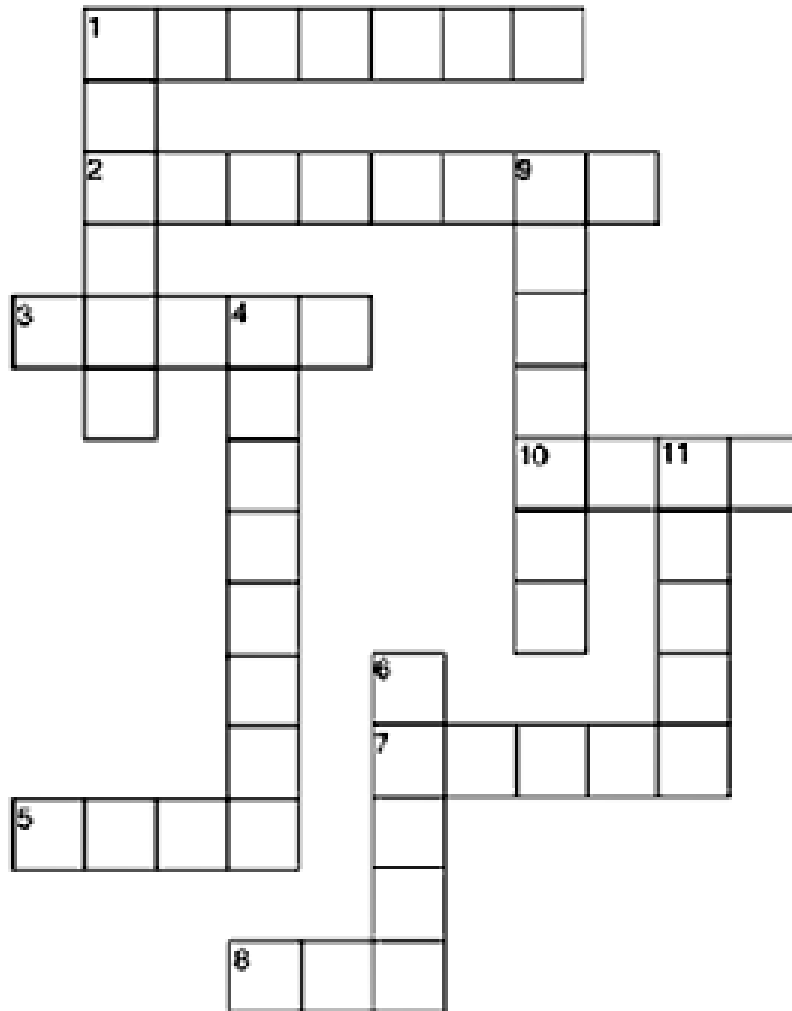
Dr. Martin Luther King, Jr. was a minister and a wonderful speaker.

When he was growing up, African Americans were not allowed in some places. They were not allowed to do certain jobs.



Dr. Martin Luther King, Jr. led the people with courage to make change happen. He organized marches and gave speeches. He wanted all people to be treated equally.

## CROSSWORD



### Across

1. Martin Luther King Jr. was assassinated in \_\_\_\_\_, Tennessee.
2. Fifteen years after his death a bill was signed declaring Martin Luther King, Jr. Day a \_\_\_\_\_ holiday.
3. One of his greatest civil rights accomplishments was the \_\_\_\_\_ on Washington.
5. Dr. King fought against prejudice, people being judged by their \_\_\_\_\_ color.
7. Martin Luther King, Jr. was assassinated during the month of \_\_\_\_\_.
8. The first civil rights movement he was involved in was the Montgomery \_\_\_\_\_ Boycott.
10. Martin Luther King, Jr. was assassinated when he was thirty \_\_\_\_\_ years old.

### Down

1. Martin Luther King, Jr. Day is celebrated on the third \_\_\_\_\_ of January.
4. He was married and had four \_\_\_\_\_.
6. Rosa \_\_\_\_\_ fought for her bus seat and inspired many civil right leaders including Martin Luther King, Jr.
9. Martin Luther King, Jr. was born on January 15, 1929 in \_\_\_\_\_, Georgia.
11. In 1964 he received the \_\_\_\_\_ Peace Prize.

## WORDSEARCH

J B M S I C A R S E Q I E M I  
M L J C F F M R C J V Q R J V  
A A U D T R I M S O U O N I D  
E C S P S B E F A A T L L H U  
R K T T E C N E L O I V N O N  
D L I W H V M R D B F M N D B  
A I C H I G I W E O A N B R G  
E V E I D G I R C H M Y L K U  
V E T P H M T R G G L M Z H Y  
A S N T R Y F N L Q M Z F D Q  
H O S U F C I D L I S H Q B A  
I F E W Z M S J A M V G P Y A  
C U X Q R P R E J U D I C E G  
U U Y I F P N Q Z E P C C P Q  
S T B W K X T K L D O V R W Y

BIRMINGHAM

BLACK LIVES OF UU

CIVIL RIGHTS

EQUAL RIGHTS

FREEDOM

I HAVE A DREAM

JUSTICE

LIBERTY

LOVE

NONVIOLENCE

PREJUDICE

RACISM

# With My Own Two Hands

By Ben Harper

I can change the world  
With my own two hands.

Make a better place  
With my own two hands.

Make a kinder place  
With my own two hands.



How can you make the world a better place with your own two hands?

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# If I Met MLK

Directions: What would you do if you met Martin Luther King Jr.? Write about it below.

**I would  
ask him...**

**I would tell him...**

**I would  
thank him...**

**I would  
show him...**





# BE LIKE MARTIN

To be like  
Martin Luther King Jr.,  
I can...

And I will not...

What else can you do to be like Martin?

©KarenJones2013

<b>help</b>	<b>be kind</b>	<b>share</b>	<b>care</b>
<b>hurt others</b>	<b>be mean</b>	<b>bully</b>	<b>leave friends out</b>

## APPENDIX I. PRINCIPLES & SOURCES

### The Rainbow Principles

*Chorus*

*We are all the colors of the rainbow*

*Each of us unique yet united as a whole*

*Every single you a blessed individual*

*Together we live these rainbow principles*

RED!

Stands for respecting other people

ORANGE!

Offering fair and kind treatment

YELLOW!

Puts the yearning in your learning

GREEN!

Grow in your search for truth & meaning

*Chorus*

BLUE!

Believe in what you are achieving

INDIGO!

Insist on freedom, love, and peace

VIOLET!

Value the web that does not cease

*Chorus*

*(This is also a [song by Mindy Simmons](#) that your kids may already know.)*

### CHILDREN'S SOURCES

### The Seven Principles \*

*We the member congregations of the Unitarian Universalist Association, covenant to affirm and promote:*

1. The inherent worth and dignity of every person;
2. Justice, equity, and compassion in human relations;
3. Acceptance of one another and encouragement to spiritual growth in our congregations;
4. A free and responsible search for truth and meaning;
5. The right of conscience and the use of the democratic process within our congregations and in society at large;
6. The goal of world community with peace, liberty, and justice for all;
7. Respect for the interdependent web of all existence of which we are a part.

\* *There is an 8<sup>th</sup> Principle currently being considered:*

8. Journeying toward spiritual wholeness by working to build a diverse multicultural Beloved Community by our actions that accountably dismantle racism and other oppressions in ourselves and our institutions.

### SIX SOURCES



*Our values come from many sources:*

- ∞ The sense of wonder that we all share;
- ∞ Women and men of long ago and today whose lives remind us to be kind and fair;
- ∞ Ethical and spiritual wisdom from the world's religions;
- ∞ Jewish and Christian teachings that tell us to love others as we love ourselves;
- ∞ The use of reason and discoveries of science;
- ∞ The harmony of nature and the sacred circle of life.

*The living tradition which we share draws from many sources:*

- ∞ Direct experience of that transcending mystery and wonder, affirmed in all cultures, which moves us to a renewal of the spirit and an openness to the forces which create and uphold life;
- ∞ Words and deeds of prophetic people which challenge us to confront powers and structures of evil with justice, compassion, and the transforming power of love;
- ∞ Wisdom from the world's religions which inspires us in our ethical and spiritual life;
- ∞ Jewish and Christian teachings which call us to respond to God's love by loving our neighbors as ourselves;
- ∞ Humanist teachings which counsel us to heed the guidance of reason and the results of science, and warn us against idolatries of the mind and spirit.
- ∞ Spiritual teachings of earth-centered traditions which celebrate the sacred circle of life and instruct us to live in harmony with the rhythms of nature

## APPENDIX II. CHALICES, CHALICES, CHALICES

### Make your own chalice



#### Materials:

- Small clay flowerpot with detached saucers
- Embellishments: markers, paint, stickers, ribbon, whatever you like
- Tea light
- Glue gun, optional

#### Instructions

- Decorate the pot and saucer as you like
- Turn the flowerpot upside down and place the saucer on top (see picture)
- If you wish, glue the saucer to the pot
- Place the tea light in the saucer

Then light your chalice and say some words, and don't forget to extinguish it. You might use a chalice lighting and a chalice extinguishing from the following two pages. Or on the page after that, you might write your own!

## SELECTED CHALICE LIGHTINGS

### **A Child's Chalice Lighting of Gratitude for the Earth**

*By Karen G. Johnston*

What if when  
I light the chalice,  
you hear an invitation  
to welcome gratitude  
for the earth?

This week, as I got ready to light the chalice,  
my family talked about blessings  
from this planet.

Here is my list:  
*[list 3-7 things]*

And now, with this flame of hope  
shedding light in your heart:  
what is *your* list?

### **Welcoming the Stranger**

*By Tracy Bleakney*

A child journeys far from home  
Fearful and brave,  
in need of safe harbor.  
Guided by this chalice, may we seek to understand the causes of flight.  
Like the comfort of a candle flickering in a window of darkness,  
Let us welcome this child into our home with  
warmth, nourishment, and love.  
Would we not want the same for our own child,  
lost and alone in a strange land?

### **Many of the Past Generation and Many of Today...**

*By Sophia Lyon Fahs*

Many of the past generation and many of today have found three abiding values in prayer: the quiet meditation on life,  
the reaching out toward the universal and the infinite,  
and the courageous facing of one's profoundest wishes.  
Let parents sense and share with their children the glory and mystery of everyday things.  
Let them look with sympathy upon humanity's age-long dilemmas.  
Let no questions be taboo.  
The next generation can ill afford to have the deeper values deleted from the book of life.

## **SELECTED CHALICE EXTINGUISHINGS**

### **As Breath to Song**

*By Becky Laurent, adapted*

As flame is to spirit, so spirit is to breath, and breath to song. Though we extinguish this flame for now, may we tend it in our hearts until we light it again.

### **Daring Vision**

*By Maureen Killoran*

We extinguish this chalice flame,  
daring to carry forward the vision of this free faith,  
that freedom, reason and justice  
will one day prevail in this nation and across the earth.

### **It Becomes More**

*By Amy Zucker Morgenstern*

When we take fire from our chalice, it does not become less.  
It becomes more.  
And so we extinguish our chalice, but we take its light and warmth with us,  
multiplying their power by all of our lives, and sharing it with the world.

# Write your own chalice lighting!

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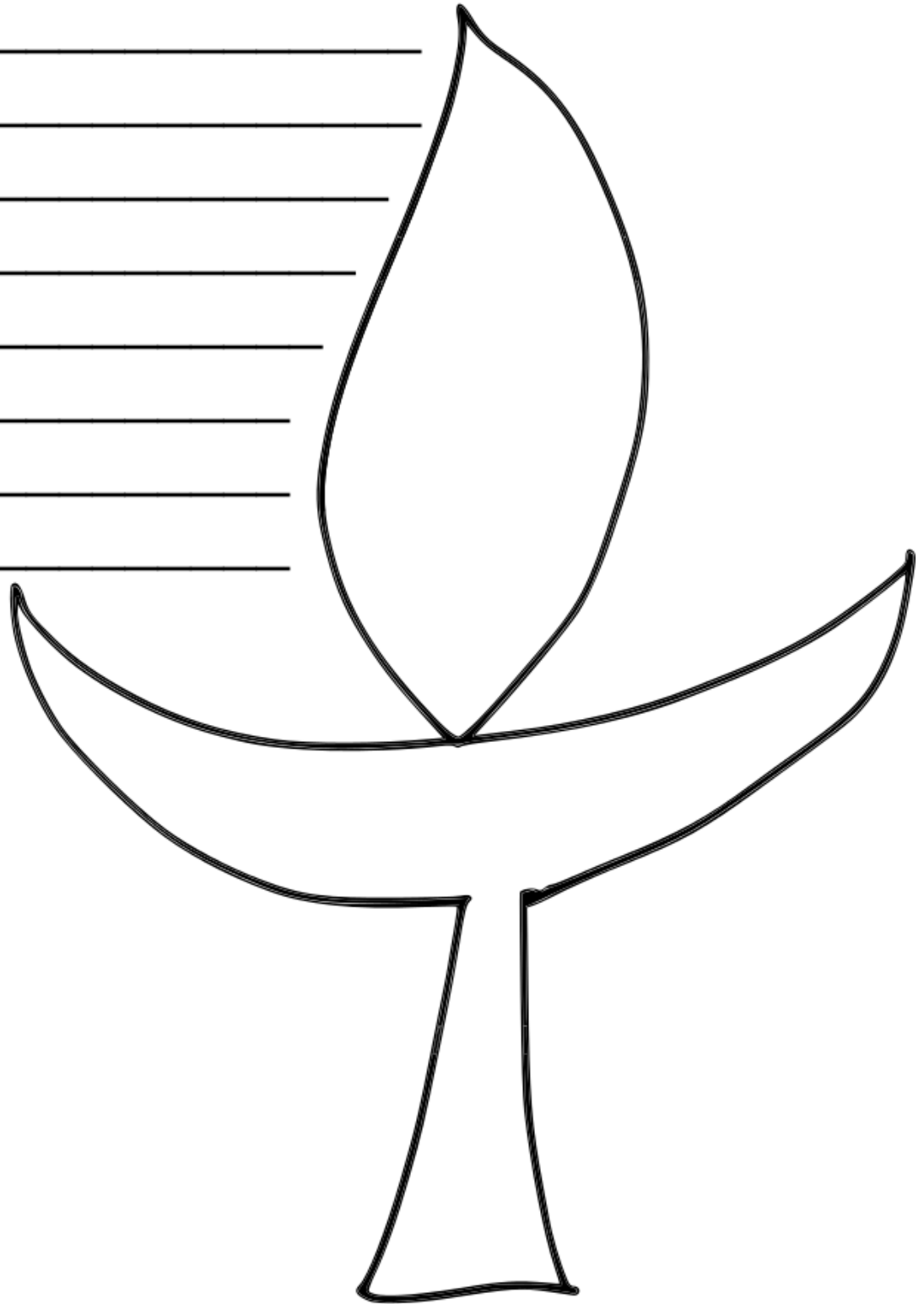
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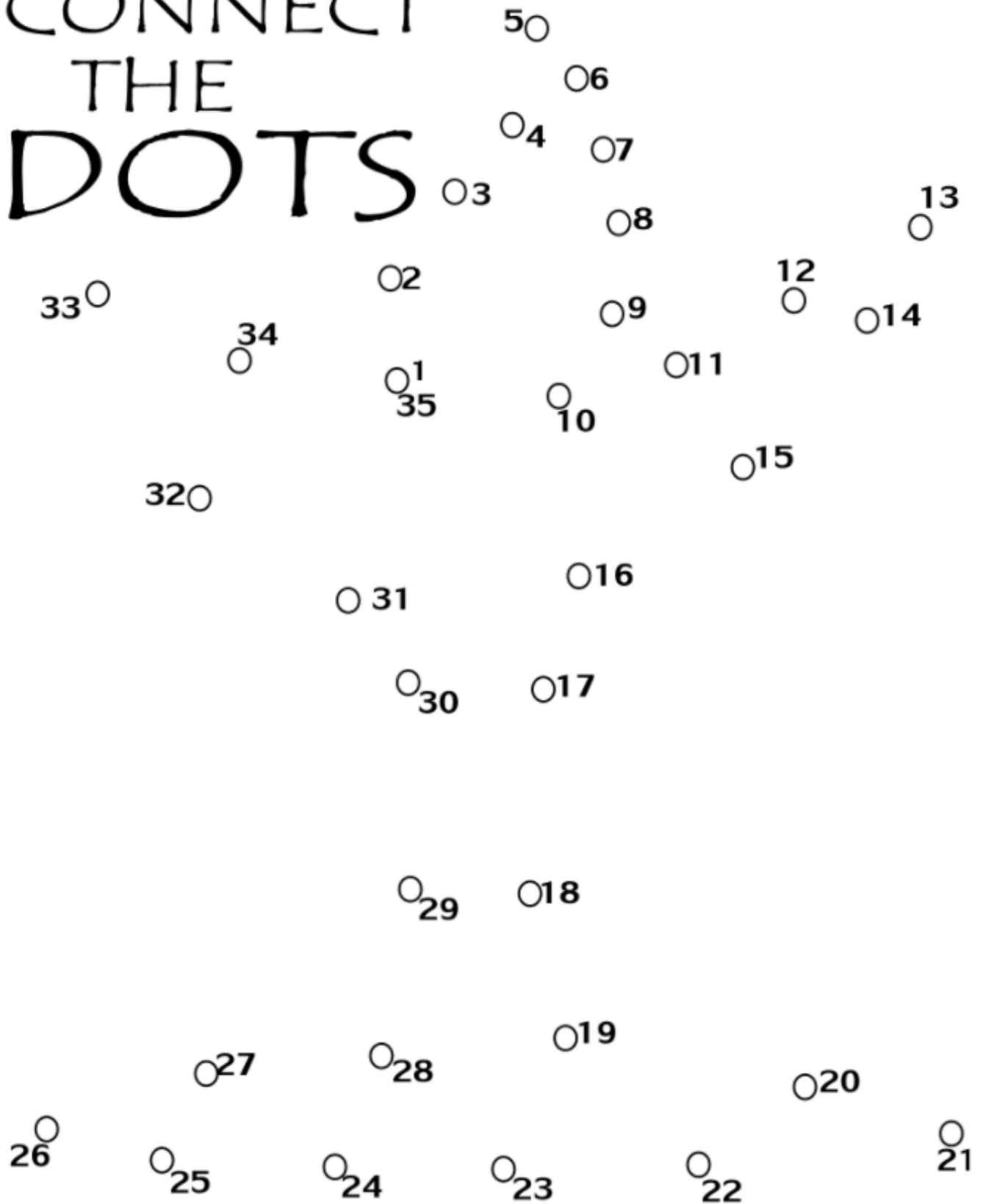
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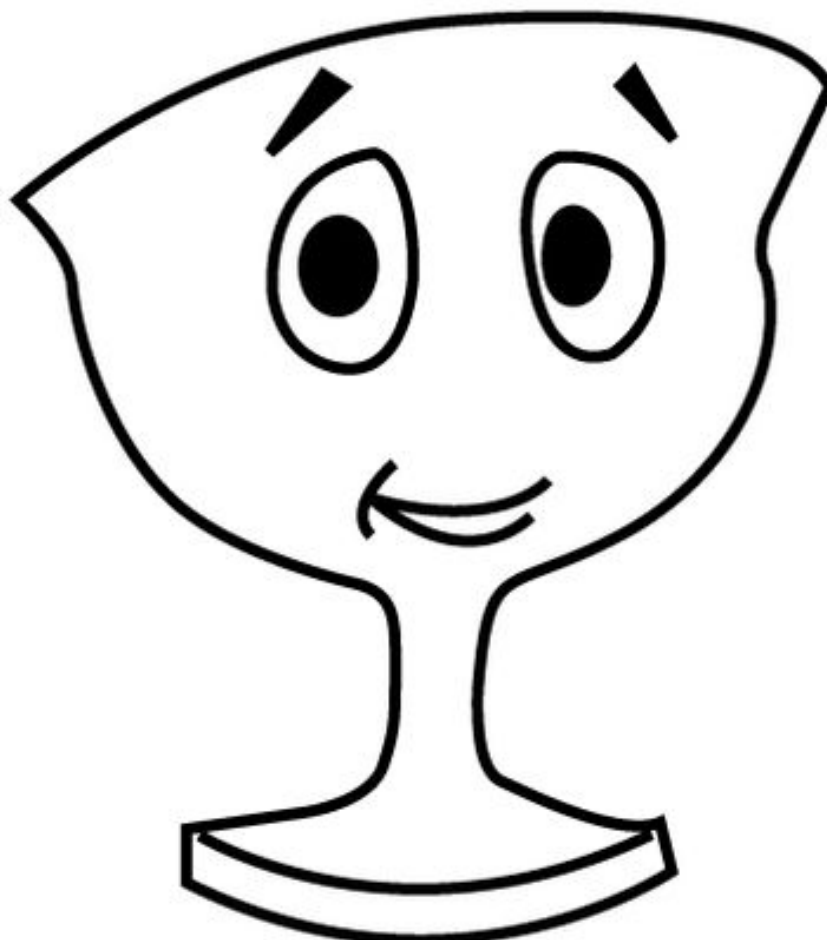


Name \_\_\_\_\_

# CONNECT THE DOTS



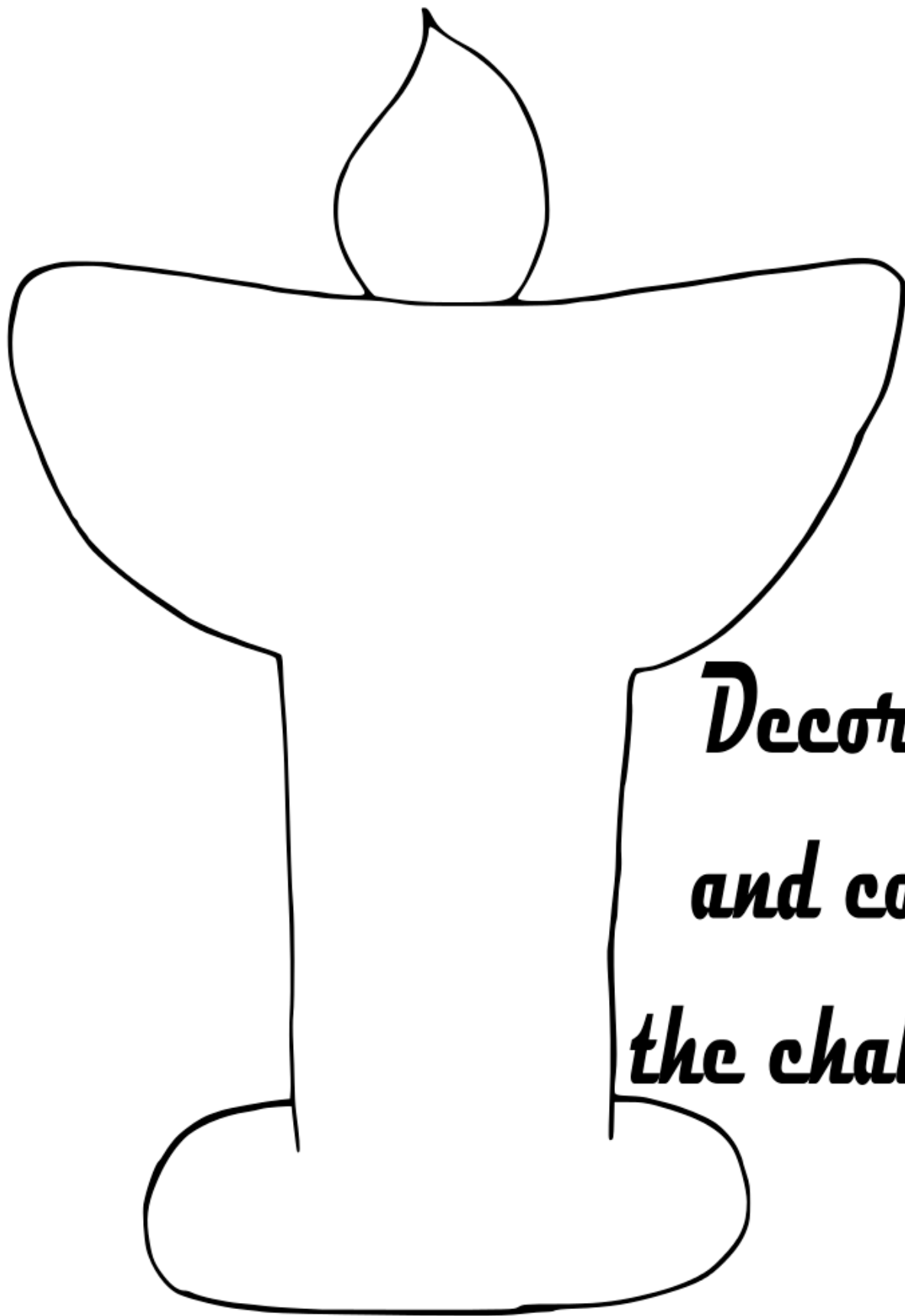
**KIDS: Color "Alice the Chalice"  
and draw her a flame!**



"Alice the Chalice" Copyright 2004 Peter Bowden



"Alice the Chalice" Copyright 2004 Peter Bowden. Permission granted to copy for use as activity pages in Unitarian Universalist church services and religious education programs. For more resources like this one visit [www.UUPLANET.com](http://www.UUPLANET.com).



*Decorate  
and color  
the chalice*







## APPENDIX III. 2020-2021 SUNDAY SCHOOL & YOUTH GROUP SCHEDULE

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### 1<sup>ST</sup> SUNDAYS @ 10:30 A.M.

#### PreK-1<sup>st</sup> Grade—Story & Song

<https://zoom.us/j/92777181330>

#### 2<sup>nd</sup> Grade and up—Special Guest

<https://us02web.zoom.us/j/86558123983>

### 2<sup>ND</sup> SUNDAYS @ 10:30 A.M.

#### PreK-1<sup>st</sup> Grade—Story & Song

<https://us02web.zoom.us/j/87288152140>

with Suzanne LeBeau & Susie Wilcox

#### 2<sup>nd</sup>-4<sup>th</sup> Grade—Tools of Faith & Minecraft

<https://zoom.us/j/94518102020>

with Marguerite Mills & Christopher Cotton

#### 5<sup>th</sup>-8<sup>th</sup> Grade—ChUUrchCraft & Minecraft

<https://zoom.us/j/98572464291>

with Chas Sisk & Jason Plummer

### 3<sup>RD</sup> SUNDAYS @ 10:30 A.M.

#### All Ages—Family Games

<https://us02web.zoom.us/j/89770398199>

with Christopher Cotton, Colin Guerrette, & Jason Plummer

### 4<sup>TH</sup> SUNDAYS @ 10:30 A.M.

#### PreK-1<sup>st</sup> Grade—Story & Song

<https://us02web.zoom.us/j/85217697987>

with Suzanne LeBeau & Susie Wilcox

#### 2<sup>nd</sup>-4<sup>th</sup> Grade—Tools of Faith & Minecraft

<https://zoom.us/j/94398891671>

with Marguerite Mills & Christopher Cotton

#### 5<sup>th</sup>-8<sup>th</sup> Grade—ChUUrchCraft & Minecraft

<https://zoom.us/j/92332008761>

with Chas Sisk & Jason Plummer

### 5<sup>TH</sup> SUNDAYS @ 10:30 A.M.

#### All Ages—Story & Song

Nov 29, 2020:

<https://us02web.zoom.us/j/81465722239>

Jan 31, 2021:

<https://us02web.zoom.us/j/86352116223>

with Marguerite Mills & Harmon Nine

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### SUNDAYS @ 11:30 A.M.

#### Youth Group (9<sup>th</sup>-12<sup>th</sup> grades)

<https://zoom.us/j/94148119890?pwd=L1FYQXh0emp2TzJNUTZsWWxxZkt2Zz09>

with Shannon Hayes, Elizabeth Leiserson, Holly Mueller

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